
CROSSPIECE



The Parish Magazine of St James's Church, Cambridge

February-March 2013

Issue No. 56 60p



Christmas Marionette Theatre in St James

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Words from the Vicarage

This year Lent and Easter fall early, with Ash Wednesday being on 13 February and Easter on 31 March. Therefore our Lent preparations are already in full swing.

As part of the Bishop's invitation to 'imagine the future' the PCC has been thinking about different ways in which St. James's Church may relate to the people who live in our parish, whom we are called to serve. Firstly, we are offering a Lent course entitled 'Growing Church'. Secondly, we would like to invite the whole congregation to take part in a prayer initiative, entitled 'Prayer 48'.

'Growing Church' picks up the themes that I have been preaching about since my return from study leave, when I was speaking about what it means to be a 'holy, catholic and apostolic Church, seeing ourselves as a worshipping community, sharing in God's mission in the world. 'Growing Church' recognises that we are all called to grow in Christian maturity to strengthen us to serve God's mission. The course can both be followed by groups and individuals and makes a point of asking the participants at the end of each session to consider 'what has to grow in us as individuals and as a church to enable growth to take place

through us'. It is only if we grow in heart, mind, attitude, action and spirit that numerical growth will happen.

I would like to hope that many of you will be interested in taking part in this course, either by joining a Lent group or doing it in your own time at home.

'Prayer 48' is an initiative in which a church commits itself to offer 48 hours of continuous prayer for the whole parish. As part of this we distribute prayer request cards to every household and organisation in the parish inviting people to return their requests to St. James. Mary Calladine is taking a leading role in organising Prayer 48, which we have scheduled for 22 -24 March, as part of her training to be an ALM in Pastoral Care. She has written in more detail about what Prayer 48 entails. (*pages 2,3*)

The PCC has adopted Prayer48 as a Lent project in which everyone at St. James can be involved, and we would like to encourage you to make this your 'Lent offering' by giving up time to pray on 22 – 24 March, by helping to distribute cards or assisting in other ways.

I wish you a Holy and Blessed Lent and Easter.

The Reverend Jutta Brueck

Lent 2013 – 'Prayer 48' at St James: Friday 22nd – Sunday 24th March

One of the ways in which we plan to observe Lent this year is 'Prayer 48', a 48 hour period of continuous prayer for the whole parish, starting with morning prayer on Friday 22 March at 9.30 am and concluding with the 10.00 am Palm Sunday Eucharist. We heard of the idea originally from friends in Sudbury, Suffolk, who had experienced a similar event there at St Gregory's Church in 2011.

How will it work?

1. A prayer request card will be delivered to every house in the parish, and boxes will be sited in different places, such as shops, schools, nursing homes, etc. for posting the cards back to us.

(Continued on page 3)

2. A rota of people to be in church praying to cover the entire 48 hour period. We hope this will include people from the parish who attend other churches and denominations and the Chinese church which meets at St James.
3. The church will be set up with prayer stations and activities in different areas. All prayer requests received will be prayed during the 48 hours.
4. There will be a programme of more formal Services of various kinds throughout the 48 hour period.

The aim is: firstly, to demonstrate to our local community that St James is the parish church for **all** residents (even those who only come inside the church to vote in Council elections), and that we care about them and their concerns and want to help. Secondly, that we believe that prayer works, enabling the love of God to come into our lives and the lives of our neighbours; and thirdly, that this will enable us all to grow closer to God and to one another.

St Gregory's in Sudbury received about 700 prayer requests. As a result of Prayer 48 the congregation developed its prayer life and relations with the community were strengthened.

Look out for more detailed information in the weeks ahead.

Mary Calladine

We are grateful to St Gregory's Church, Sudbury for permission to reproduce the photographs below taken during the their Prayer 48 event in June last year.

Eds



Meditating on Meditation:

The Persian Sufi poet Rumi is quite well known in the West and is particularly popular in the U.S.A.. Less well known are the Turkish Sufi poets, but one sect in particular, the Bektashi, have as the final item of their set of principles: 'One hour of meditation is better than seventy years of piety.' * I am not going to claim that we think our meditation is going to replace the other practices of the Christian life. But I think it can enhance both it, and life in general.

In its simplest form, meditation is a way of refreshing the mind; as much as a tea or coffee break does the physical body. It requires emptying the mind of all extraneous thoughts – much harder to do, than say, and let peace and silence refresh it. Scientific research seems to suggest that meditation alters the various wave patterns of the brain in a beneficial way. In a period of meditation the mind is apt to wander following distracting thoughts but part of the learning is to accept this and let the thoughts go.

There are no end of methods of meditation, mostly derived from the various religions and philosophies of the East. Many accompany the practice of the martial arts and yoga – often listening to the regulated breath meant to strengthen the participant. There are more complicated ways of pursuing meditation than that which we are following at St. James – for example The Ignatian method, Sulpician method and Franciscan method.

However we are following a simple system devised by the Benedictine monk, Fr John Main, who originally was taught meditation by a Hindu teacher, especially the use of a mantra to concentrate the mind. His research led him to discover that this type of meditation was used by the desert fathers and especially by a 4th century monk, John Cassian. The word he recommends is 'ma-ra-natha' which is an Aramaic expression meaning 'Come Lord Jesus' and is appropriate as it derives from the language spoken by Christ in his earthly ministry, although anyone can choose whatever short phrase suits them.

The recommendation of John Main is that one should meditate for between 20 – 30 minutes

twice a day – often with our busy lives to manage once a day seems to need some discipline. However I find that it helps to have a target time, as with coffee and tea breaks - and although it may take time (even a life-time) to fully benefit from meditation, where one becomes united with the infinite – the effort does clean the mind and make one more aware of things beyond the everyday tasks and worries of life. It is important to be undisturbed if possible and to be comfortably relaxed, but not too comfortable, as you can end up asleep! **

But why a weekly gathering? This helps maintain some sort of discipline to remind one to make a place for meditation in one's life, learning from each other, and from the passages read from the works of John Main. The techniques and aims of meditation can be discussed and problems that seemingly cause difficulties shared. John Main warns that one must not expect 'miracles' from meditation, but the deepening of faith and a relationship with the creator is possible, even though it might take a lifetime.

St. James' weekly group meeting is held at lunchtime (12.30) on a Friday and it is a 'drop-in' occasion, so that even if visits to the group have to be intermittent, there is the opportunity for a renewal that comes from the joint meditation exercise. Even a virtual attendance at the meeting time might be helpful too!

There is an accepted understanding that meditation is therapeutic even on a secular level, so why not give it a try – you will be welcome!

A weekly reminder and any changes to meeting times are listed in the weekly sheet along with the services and other activities of St. James' Church.

Denis Chandler.

*Quarreling with God: Mystic Rebel poems of the Dervishes of Turkey. White Cloud Press,2007.

** cf. Matthew ch.6 vv6-8

An Insight into the World of Moths

Ray Revell, a longstanding St James's parishioner, member of the choir and retired teacher of biology at the Perse School has introduced me to the fascinating microcosm of moths. I will attempt to pass on to *Crosspiece* readers some of the mothy pearls of wisdom which Ray has taught this editor.



Firstly, butterflies and moths all belong to the order *Lepidoptera*, a name deriving from the Greek for 'scaly wings'. Within this order there are a huge number of *genera* and species, some 160,000 different moths but only 17,500 butterflies. The principle simple difference between the two is that moths are nocturnal and rather dowdy whereas butterflies flaunt themselves during the day being bright and colourful, so getting a better press. As you might imagine, if you look around diligently enough especially in out-of-the-way places, one might spot a new insect species which has never been identified before. This specimen can be added to the learned lists ('collections') which are kept at various academic institutions/museums around the globe. The keepers do their best to remain in step with each other, also maintaining integrity such that creating a new named species is not taken lightly and never done without full agreement all round. The upside of such diligence is that the collector's Latinised name may be appended to the new species.

At this point, we are editorially pleased to announce that it has been agreed in entomological circles that Ray has indeed identified ('collected') a new species of moth, confirmation of his find being verified ('described') and named by the pair of entomologists P.A. Kurshakov and V.V. Zolotuhin at the State Pedagogical University of Uljanovsk, Russia. The story starts in 1966-69 when Ray taught biology at the Government Boarding School in Bo, Sierra Leone, West Africa and, as he has done ever since, indulged in collecting moths as an adjunct to his teaching. Moths may be trapped by setting up a light overnight, luring inquisitive nocturnal insects. They are sorted out the next morning. You then mount ('set') and dry out the unfortunate captured insects, in the tropics watching out that they are not

eaten by ants, and add them to your personal collection. In 1968 Ray identified one of his catches as possibly being a new member of the family *Chrysopolomidae* (African slug moths) and genus *Ectropona*. The mills grind exceedingly slow in the world of taxonomy; the new species *Ectropona revelli* has recently been accepted and catalogued, Ray Revell's carefully preserved specimen now being stored in the Natural History Museum, South Kensington and its DNA registered.

Congratulations Ray!

RF

Entomologists tend to have their own language and Ray has provided this short breakdown of some relevant terminology used in the *taxonomy* (the naming and classification of living things) here:

Class *Insecta*

Order *Lepidoptera* (moths and butterflies)

Family *Chrysopolomidae* (African slug moths)

Genus (plural 'genera') *Ectopona*

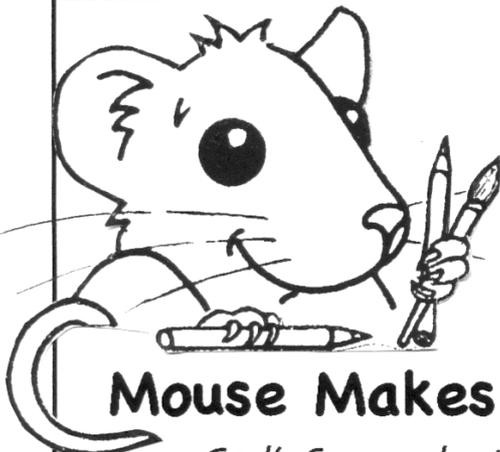
Species *revelli* (interbreeding possible only at this level)

Ed



Ectropona revelli

Children's Page



Mouse Makes

God's Son, order this stone to turn into bread." But Jesus answered, "The scripture says, **"Human beings cannot live on bread alone."**

Then the Devil showed Jesus all the kingdoms of the world. "I will give you all this power and all this wealth, it has been handed over to me and I can give it to anyone I choose. All this then will be yours if you worship me." Jesus answered,

*'The scripture says, **"Worship the Lord your God and serve only him."***

Then the Devil took Jesus to the Temple and said to him, "If you are God's Son, throw yourself down from here. For the scripture says, 'They will hold you up with their hands so that not even your feet will be hurt on the stones.'" But Jesus answered,

*'The scripture says, **"Do not put the Lord your God to the test."***

READ
Luke 4: 1-13

THE TEMPTATION OF JESUS

After he was baptised Jesus returned full of the Holy Spirit and was led by the Spirit into the desert where he was tempted by the Devil for forty days. In all that time he ate nothing, so that he was hungry when it was over.

The Devil said to Jesus, "If you are

THE DEVIL SAID:
"If you are God's Son, order this stone to turn into bread."

JESUS REPLIED:
"Human beings cannot live on bread alone."

read Deuteronomy 8:3



WE LEARN:
**Read the Bible
Learn God's word.**

THE DEVIL SAID:
"I will give you power and wealth if you worship me"

JESUS REPLIED:
"Worship the Lord your God and serve only him"

read Deuteronomy 6:13

1

WE LEARN:
**Put God first
Worship only Him**

THE DEVIL SAID:
"If you are God's Son, throw yourself down, the scriptures say God will take good care of you"

JESUS REPLIED:
"Do not put the Lord your God to the test."

read Deuteronomy 6:16



WE LEARN:
**God cares, trust Him
do not test Him.**



Cut out the three cards
and during Lent learn
the bible verses

God in the Arts

(from Parish Pump January 2013)

The Rev Michael Burgess begins a new way of looking at the sacred in art...you can see each image by googling the title of the painting and the artist .

Parish Pump Ed.

..... or here in black and white (colour on our website)

Crosspiece Ed



'He gave us eyes to see them: My First Sermon', by John Everett Millais

There is a story of two men talking about their new vicar. One says to the other, 'This new one's not a patch on the old vicar. With the old one preaching I was asleep in five minutes. With the new one it takes all of ten.' Some churches in times past employed 'sluggard-walkers' who had long rods and walked down the aisles, ready to wake up the faithful if they had nodded off during the sermon. What would they have done with the man who dreamt he was preaching at St Paul's, woke up and found he was?

Sluggard-walkers are not needed for this month's painting, 'My First Sermon' by John Everett Millais. It hangs in the Guildhall Art Gallery in London, which houses the art collection of our capital city. The Gallery is built on the site of an amphitheatre and was only completed in 1999, having replaced a building that was destroyed in the blitz of 1941. It has over 4000 works, many of them from the Victorian and Pre-Raphaelite period. Among them is this painting by Millais which depicts his 5 year old daughter Effie sitting in Kingston Church. She is dressed properly and sensibly for the occasion with feathered hat, muff and a cloak of vivid red. Her mother's prayer book and gloves are by her side. Effie is listening with great concentration .

When the painting was exhibited in 1863, it was a great success. In the following year Millais produced 'My Second Sermon' – a very different occasion, for Effie has now fallen asleep with her hat by her side. Millais was often criticised for his sentimental portraits of children as in 'Cherry Ripe' and 'Bubbles.' But in 1864 the Archbishop of Canterbury, Charles Longley, praised this second painting for reminding us of 'the evil of lengthy sermons and drowsy discourses.'

As we look at Effie alert one Sunday, asleep the next, we can smile. But we might also ask how we respond to the Word that comes to us through the medium of words in the weekly sermon. The preacher has the daunting task of using this everyday coinage of words to draw us into that mysterious, life-giving realm of the Word, Jesus. The words spoken must make a straight path for the Lord to reach each human heart.

The two paintings of Millais depict the reality and fragility of this endeavour. Sometimes our attention is engaged and we are alert; at others, drowsiness closes our eyes and even our hearts to the good news of salvation. On occasions the sermon hits the mark and sows seeds, which can bear fruit. At other times, all kinds of factors mitigate against the sermon's success. Let us pray that as listener or as preacher, we may be aware of the dynamic power of the Word, which, as Karl Rahner wrote, calls us 'out of the little house of our homely, close-hugged truths into the strangeness of the mystery of God that is our real home.'



'My Second Sermon'

Christmas Marionette Show at St James's



The kind but lonely cobbler Papa Nova

Many of us will have enjoyed one of the three performances given by the Marionette Theatre set up in the transept of St James's Church over the Christmas period. The editors wanted to know more about Anneke and David Heslam's involvement with marionettes and how they came to create their own theatre. Here are Anneke's replies to Jennifer Day's questions:

J: *How did you start to become interested in marionettes? Was it something that you experienced as children, teenagers or much later in life?*

A: Many years ago I took my children to St James's Church on a weekday to watch the DA SILVA MARIONETTE THEATRE from Norwich perform. I was "over the moon". I loved it. I wanted to know more about marionettes. Some time later we watched a performance at the LITTLE ANGEL THEATRE in Islington. Again I was enthused. Then we saw Julie Andrews give a show in the "Sound of Music" film using some of the puppets from the famous SALZBURG MARIONETTE THEATRE.



Papa Nova's dog - he did bark, but not fiercely!

J: *Where did you start to be actively involved?*

A: I love craft work of any kind, especially modelling. So it was that when I was in charge of a Sunday school group and had to prepare for a family service I thought that instead of acting out a play we could work with puppets as actors.

I found that there were very good books on puppets in the bookshops. They inspired and guided me. Most books said that of all puppets -- rod, hand, shadows -- marionettes express themselves best. I had a go and was hooked on the string fellows. I made staging out of old tables and curtains. We gave our first performance. David wondered whether my staging construction was safe enough. He built a proper collapsible marionette theatre. This is the theatre we still use today.



Lost at Christmas

J: *When exactly did you start to create your own theatre and why?*

A: It was more than twenty years ago. I had found that one or two youngsters found it hard to act, as they preferred not to be seen.

J: *How did you learn the techniques of manipulating the marionettes?*

A: All my knowledge came from books, so I taught myself.

J: *Can you tell about the making of the theatre you use today?*

A: David made the theatre from reclaimed timber and over the years has made improvements and

(Continued on page 9)



David and Anneke Heslam with young helpers

soon learn to work as a team.

J: Is there anything else you would like to tell us?

A: A good play starts with a good story, so I am always looking out for new stories. I have never written my own. A good play starts on different levels and can be appreciated by all age groups, not just children. Sometimes we have acted out parables told by Jesus. In them he gives us a masterclass in the art of story-telling. He showed that the nearness and the reality of God's Kingdom can be seen most clearly in the course of a simple tale. Humbly and falteringly, we try to follow his example.

alterations. He built an extra stage, also collapsible, which we use to put under the theatre to give extra height for use with large crowds.

J: Who made the marionettes, and what are they made of?

A: I made them. Their heads, hands and feet are modelled from a mixture of clay, sawdust, papier maché and glue. Their bodies are made from wood, their limbs out of dowelling.

J: How do you choose your stories?

A: The story of the old cobbler "Papa Panov" is adapted from Tolstoy. I used to read it to our children and they loved it. The Esmeralda story "Lost at Christmas" was written by a Dutch children's writer and it was my favourite book when I was a child. I have adapted Bible and missionary stories, a Dutch legend and a great story "Raniero" by the Swedish writer Selma Lagerlöf.

J: Where did you do your performances in the past?

A: We have taken our theatre, puppets, etc. to many schools and churches in Cambridge and, by invitation of friends, to Leeds, Romford, Worthing and the Netherlands.

J: What do you have to teach the youngsters learning to be part of the team?

A: We teach them to look ahead and to be ready with puppet or prop or changing the back cloth. Move when you speak. Face the audience. They

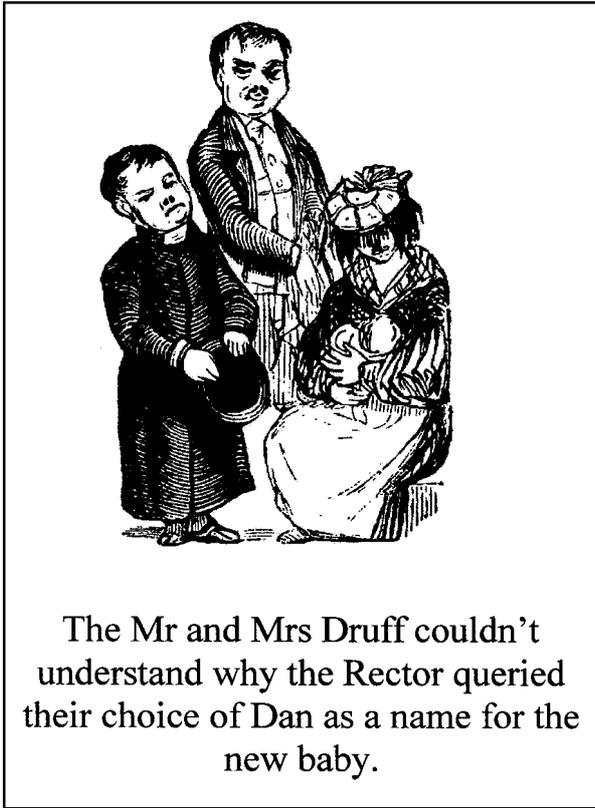


Puppets backstage

Footnote from Eds: Some of you will remember the DA SILVA MARIONETTE THEATRE. The da Silvas used to come to St James's over thirty years ago. They then moved to Norwich where they set up a puppet theatre in a redundant church. We remember a trip from St James's to Norwich to attend a performance. It was a tiny but lovely little auditorium with raked seats. Both adults and children loved it.



Puppeteers



Three extra-planetary daleks stranded locally in the recent bad weather

**DEADLINE FOR THE APRIL 2013
ISSUE of *CROSSPIECE*
Monday 18 March**

The Editors welcome articles, news items and photographs for inclusion in the magazine. If possible these should be in digital form, photos and words in separate files. However we can accept typed or handwritten items and photographic prints.

Winter

Deep as a canyon and crisp as an apple
 We sliced though the snow with an indifferent spade
 A path banked by white
 A clear way of footprints
 Making our mark without being afraid

And the sun found its feet through the mist
 of the morning
 Glinting off crystals like permanent rocks
 Like the joy of the summer whose season it mocks
 A glimpse of tomorrow, a future just dawning

New tracks fro' the car with the salt from the grit box
 Impacted snow where the ice lies beneath
 Somebody brings soup and bread for relief
 There is light in the winter
 There are warm drinks and walks



Linda Appleby

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Contacts at St James's Church

Priest in Charge The Revd Jutta Brueck
07958 360564 e-mail: jb200@cam.ac.uk
Jutta's appointment is half-time; she works in the Parish Wednesday-Friday and Sunday

Assistant Curate The Revd Dr Stephen Plant
(vacations only) 335248 email: sjp27@cam.ac.uk

Associate Priest The Revd Debbie Ford
217769 email: debbieford@addenbrookes.nhs

Churchwardens Edward Westrip, 40596
Chris Calladine, 246742

Director of Music : John Clenaghan, 837955

Church Office 246419, Mondays & Fridays
9.15 am -1.45 pm
e-mail: stjameschurchcambridge@yahoo.co.uk

Church & Community Activities

Choir practice: (Mon) Juniors 6.15pm, Seniors 6.45pm

Parents & Toddlers (Thurs) Wendy Lane, 244850
Brownies (7-10 yrs) QES Kate Bolton
<40thbrownies@gmail.com>
Steve O'Keefe 570713

Group Scout Leader

Section Leaders

Beavers (6-8 yrs) Brendan Murrill
07521 1511449

Cubs (8-11 yrs) at QE School Stephen Harrison,
07548 765421

Scouts (10½+ yrs) at QES Rowan Pashley
07876 260660

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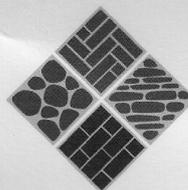
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Advisor
geoff.fireg@hotmail.co.uk

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Clive

St James's Church, Cambridge: Calendar for February-March 2013

February

1st	9.30 am	Morning Prayer
3rd	CANDLEMAS (Presentation of Christ in the Temple)	
	8.00 am	Eucharist (BCP)
	10.00 am	All Age Eucharist with Christingles (bring an orange) <i>The Traidcraft stall will be open today after both services</i>
6th	10.15 am	<u>Eucharist at Dunstan Court</u>
	7.30 pm	Home Group
7th	9.30 am	Morning Prayer
8th	9.30 am	Morning Prayer
	12.30 pm	Meditation Group
9th	10.30 am	Coffee Morning

School half term week

10th	SUNDAY NEXT BEFORE LENT	
	8.00 am	Eucharist
	10.00 am	Sung Eucharist with Sunday School
12th	7.00 pm	Pancake Party
13th	Ash Wednesday	
	10.15 am	<u>Eucharist with Imposition of Ashes at Dunstan Court</u>
	7.30 pm	Eucharist with Imposition of Ashes
14th	9.30 am	Joint Morning Prayer at St. John's, Hills Road
15th	9.30 am	Morning Prayer
	11.00 am	Hymn Service at Hinton Grange Care Home
	12.30 pm	Meditation Group

17th	1st SUNDAY OF LENT	
	8.00 am	Eucharist followed by Lent breakfast
	10.00 am	Sung Eucharist with Sunday School
20th	10.15 am	Eucharist
	7.30 pm	Lent Group
21st	9.30 am	Morning Prayer
22nd	9.30 am	Morning Prayer
	12.30 pm	Meditation Group

24th	2nd SUNDAY OF LENT	
	8.00 am	Eucharist followed by Lent breakfast
	10.00 am	Sung Eucharist with Sunday School & 4 th Sunday Group
27th	10.15 am	Eucharist
	7.30 pm	Lent Group

28th	9.30 am	Morning Prayer
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March

1st	9.30 am	Morning Prayer
	12.30 pm	Meditation Group
	2.00 pm	Women's World Day of Prayer at St. John's, Hills Road
3rd	2nd SUNDAY OF LENT	
	8.00 am	Eucharist (BCP) followed by Lent breakfast
	10.00 am	Sung Eucharist with Sunday School <i>The Traidcraft stall will be open today after both services</i>
6th	10.15 am	<u>Eucharist at Dunstan Court</u>
	7.30 pm	Lent Group
7th	9.30 am	Morning Prayer
8th	9.30 am	Morning Prayer
	12.30 pm	Meditation Group
9th	10.30 am	Coffee Morning

10th	MOTHERING SUNDAY	
	8.00 am	Eucharist followed by Lent breakfast
	10.00 am	All Age Eucharist
13th	10.15 am	Eucharist
	8.00 pm	PCC Meeting
14th	9.30 am	Morning Prayer
15th	9.30 am	Morning Prayer
	11.00 am	Hymn Service at Hinton Grange Care Home
	12.30 pm	Meditation Group
17th	5th SUNDAY OF LENT	
	8.00 am	Eucharist followed by Lent breakfast
	10.00 am	Sung Eucharist with Sunday School
20th	10.15 am	Eucharist
	7.30 pm	Lent Group
21st	9.30 am	Morning Prayer
22nd	9.30 am	Morning Prayer <i>Start of Prayer 48</i>
	12.30 pm	Meditation Group

Friday 22nd to Sunday 24th Prayer 48 –see page 2.....

24th	PALM SUNDAY	
	8.00 am	Eucharist followed by Lent breakfast
	10.00 am	Sung Eucharist with Sunday School and Palm Procession
		End of Prayer 48
25th	7.30 pm	Compline and Address at St John's
26th	7.30 pm	Joint Taize Prayer with St John's (at St James')
27th	10.15 am	<u>Eucharist at Dunstan Court</u>
	7.30 pm	Holy Week Eucharist
28th	MAUNDY THURSDAY	
	8.00 pm	Sung Eucharist with Washing of Feet followed by Stripping of Altar and Vigil until midnight
29th	GOOD FRIDAY	
	10.00 am	Children's Workshop (prior booking required)
	1.00 pm	Meditation Service. Preacher: Rev'd Debbie Ford
	2.00 pm	Veneration of the Cross and Communion
30th	HOLY SATURDAY	
	8.30 pm	Easter Vigil with Lighting of the new fire and first Eucharist of Easter

31st	EASTER DAY	
	10.00 am	All Age Eucharist followed by egg hunt for the children

SERVICES	
Sunday	
8.00 a.m.	Eucharist
10 a.m.	Parish Eucharist (All-age Eucharist: 1st Sunday of the month)
Wednesday	
10.15 a.m.	Eucharist (first Weds. of month: St Dunstan's Court)
Thursday and Friday	
9.30 a.m.	Morning Prayer