

St James', Wulfstan Way, Cambridge

The Weekly Sheet

4 March 2018

3rd SUNDAY OF LENT



8.00 am Eucharist (BCP)
8.45 am Lent Breakfast
10.00 am Sung Eucharist with Sunday School

Welcome to our services. Today our hymns at 10 o'clock are:

Opening:	<i>Christ whose glory fills the skies</i>	NEH 234
Offertory:	<i>How shall I sing that majesty</i>	NEH 373
Communion:	<i>We sing the praise of him who died</i>	NEH 94
Final:	<i>Lift high the cross</i>	see inside

The readings are Exodus 20.1-7; Psalm 19; 1 Corinthians 1.18-25; John 2.13-22.

The Anthem is *Ave verum corpus* (Charles Gounod).

This Week:

Monday 5th	9.30 am Morning Prayer
Tuesday 6th	9.30 am Morning Prayer
	7.30 pm Home Group at 27 Topcliffe Way
Wednesday 7th	10.15 am Eucharist
	7.30 pm Lent Group in the Study Centre
Thursday 8th	9.30 am Morning Prayer
Friday 9th	9.30 am Morning Prayer
	1.30 pm Meditation Group

Next Sunday (11 March) is Mothering Sunday

8.00 am	Eucharist
8.45 am	Lent Breakfast
10.00 am	All Age Eucharist

The readings for 8am service: Exodus 2.1-10, Ps. 34.11-20, 2 Corinthians 1.3-7 & Luke 2.33-35

Please stay for tea/coffee after the 10 o'clock service

Dates for your Diary:

Saturday 17 March tba Church spring clean
Saturday 24 March 10.00 am Bring & Buy Coffee Morning
Sunday 22 April 11.30 am APCM

The Collect

Eternal God,
give us insight
to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord.

Today's Psalm is Psalm 19 – see inside

LENT

Lent breakfasts. We are holding Lent breakfasts on all six Sundays during Lent. To help with numbers we are grateful if you can write your name on the sign-up list, but if you haven't, do still come along! We will need help with setting up and clearing away—all offers of help gratefully received.

Lent Group will meet on the following dates – (all Wednesdays at 7.45pm) 21st Feb, 28th Feb, 7th March, 21st March and 28th March (please note that Weds 14th March is a PCC mtg so there will be no Lent Group). We will be following the Lent course, *Come and See*, devised by Ely Diocese available at <http://www.elydiocese.org/supporting-parishes/parish-resources/lent-2018>.

If you cannot access the materials via the internet copies are available from the church office.

Way of Life. You are encouraged to take up a rhythm of life this Lent using the resources available through Ely Diocese at <http://www.elydiocese.org/way-of-life>. This is an opportunity to deepen your sense of spirituality and discipleship both alone and as part of a group, if you wish. Steve will be offering more information about this during Lent but why not have a preliminary look at the material which can be used individually or as a family or as part of a group. Copies will be made available for those without internet access.

We urgently need **more volunteers to join the Sunday coffee rota**. Please talk to Rosemary Monk if you can help. Thank you.

If you can help with **cutting the church grass** over the coming months, please have a word with Stanley Wilson who is about to draw up the rota for this season. Your help will only be required about every 6 weeks and possibly at

longer intervals if more people sign up! Thank you.

The office will be **open on Tuesday this week**, instead of Wednesday, usual opening hours.

LOOKING AHEAD

Mothering Sunday is next Sunday (11 March) and so we are swapping the All Age 10 o'clock service to that date. Today, therefore, is a regular 10 o'clock Parish Eucharist.

Church spring clean on Saturday 17 March —2 sessions: 9.30am-12.30pm and 1.30pm -4pm. Come to what suits you best. Bring some lunch, tea and coffee supplied.

We will be hosting a **Taize service** on Tuesday 27 March (probably at 7.30 pm) as part of Holy Week. If you would like to be involved please speak with Steve.

There will be an **All Age activity morning on Good Friday** between 10 o'clock and 12.30 pm. The theme will be *Stations of the Cross*. The plan is to create the stations of the cross around the church; they can be drawn, painted, sculptured, acted out, performed, listening too, looked at, or experienced in any way. The more imaginative the better! If you would like to be involved please sign up on the sheet on the noticeboard in the foyer.

APCM – 22 April, 11.30 am. Could all groups affiliated to the church start to prepare their annual report. Content required is for January to December 2017 only. Please submit your report as a Word document if possible and send to the office, stjameschurchcambridge@yahoo.co.uk

Reports are needed please for: **Bring & Buy Coffee Morning; Choir & Music Group; CMS Link Family; Coffee (Sundays); Crosspiece Magazine; Foodbank; Good News Club; Home Group; Pastoral Visiting Group; Sunday School (Junior & Senior); Traidcraft.**

Due to Easter and holidays etc, the deadline to ensure inclusion in the report is **Sunday 25 March**. Thank you.

Prayer for Friends and Congregation of St James'

Sunday	Alison and Graham Giles
Monday	Hatty Harris
Tuesday	Ann and Geoff Heathcock
Wednesday	David and Anneke Heslam
Thursday	Jane Hewer and family
Friday	Beryl Hobbs and family
Saturday	Ruth Holdstock, Matilda and Theo

Contacts

Priest-in-charge	Rev'd Steve Rothwell 246419 s.rothwell3@btinternet.com
Churchwardens	Pam Butler, 07745 591235 pambutler27@hotmail.com Edward Westrip, (01223) 240596 edward.westrip@btinternet.com
Pastoral Assistants	Mary Calladine, (01223) 246742 Rosemary Monk, (01223) 246421
Director of Music	position vacant
The Music Group	Grae Worster, 846295 mgw1@cam.ac.uk
Church Office:	246419 (Mondays, Wednesdays & Thursdays 9.15 am -1.15 pm)
e-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

Church Activities

Choir Practice,	Mondays 6.30 pm—7.30 pm, Junior Choir 7.00 pm—8.00 pm, Adult Choir
Meditation Group,	Fridays 1.30 pm—2.00 pm

Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421

Gift Aid Envelopes are available at the back of the Church and Transept. Please enable us to claim back tax on your offering.

Our parish magazine **Crosspiece** is available on the website.

Psalm 19

The heavens are telling the / glory of / God
and the / firmament pro/claims his / handiwork.
One day pours out its / song to an/other
and one night unfolds / knowledge / to an/other.
They have neither / speech nor / language
and their / voices / are not / heard,
Yet their sound has gone out into / all / lands
and their / words to the / ends of the / world.
In them has he set a tabernacle / for the / sun,
that comes forth as a bridegroom out of his chamber
and rejoices as a / champion to / run his / course.
It goes forth from the end of the heavens
and runs to the very / end a/gain,
and there is nothing / hidden / from its / heat.
The law of the Lord is perfect, re/viving the / soul;
the testimony of the Lord is sure
and gives / wisdom / to the / simple.
The statutes of the Lord are right and re/joyce the / heart;
the commandment of the Lord is pure
and gives / light / to the / eyes.
The fear of the Lord is clean and en/dures for / ever;
the judgements of the Lord are true and / righteous / alto/gether.
More to be desired are they than gold,
more than / much fine / gold,
sweeter also than honey, / dripping / from the / honeycomb.
By them also is your / servant / taught
and in keeping them / there is / great re/ward.
Who can tell how often / they of/fend?
O cleanse me / from my / secret / faults!
Keep your servant also from pre/sumptuous / sins
lest they get do/minion / over / me;
so shall I be / unde/filed,
and / innocent of / great of/fence.
Let the words of my mouth and the meditation of my heart
be acceptable / in your / sight,
O Lord, my / strength and / my re/deemer.

Lift High the Cross

Lift high the cross, the love of Christ proclaim
till all the world adore his sacred name.

Come, let us follow where our Captain trod,
our King victorious, Christ the Son of God:

O Lord, once lifted on the glorious tree,
as thou hast promised, draw us unto thee:

Set up thy throne, that earth's despair may cease
beneath the shadow of its healing peace:

For thy blest cross which doth for all atone
creation's praises rise before thy throne: