

St James', Wulfstan Way, Cambridge

# *The* Weekly Sheet

21 February 2021

The 1<sup>st</sup> SUNDAY OF LENT



## Today:

9.30 am 'Virtual' Lent breakfast  
10.00 am Sunday Service via Zoom

We remain in Lockdown and are likely to stay in this high level of restriction for a while longer. It is permissible to hold public worship but having consulted with the PCC Standing Committee we feel that it is not advisable to gather in the church building at the current time. The recent spike in Covid cases means that we need to take a decision that is both caring and responsible to ourselves and the wider community. We will continue with online services on Sunday mornings and throughout the week.

**Today is the first Sunday of Lent** and we will be inviting people to join the online zoom worship on Sundays at 9.30 am to share Lent breakfast. Arrive anytime between 9.30 and 10.00 am and enjoy some informal time together before the worship begins.

The Children's Activity group will not meet during Lent but there will be a chance to catch up together during the 'break out' times in the service.

## This Week:

**Individual private prayer and reflection.** The church will be open between 10.00 am and 12 noon on Monday and Wednesdays for quiet prayer.

You are very welcome to come in to church but please respect social distancing rules of 2 metres, wear a mask, and use hand sanitiser upon entering and leaving the church. Please do not touch Bibles and other literature.

**Morning Prayer** will be held via Zoom at 8.45 am on Monday, Wednesday, Thursday and Friday. We will be using a recurring link as given out in the Weekly Update email. There is no mid-week Eucharist.

**Bible reading and Prayer support group, including Compline (Night Prayer)** will take place on Wednesday at 8 pm via Zoom.

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## Collect for today

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

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## Today's readings are:

**Genesis 9.8-17; Psalm 25.1-9; 1 Peter 3.18-end; Mark 1.9-15**

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## Genesis 9.8-17

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

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## Psalm 25.1-9

To you, O Lord, I lift up my soul  
O my God, in / you I / trust;  
let me not be put to shame  
let not my / enemies / triumph / over me.  
Let none who look to you be / put to / shame,  
but let the treacherous be / shamed / and frus/trated.  
Make me to know your / ways, O / Lord,  
and / teach me / your / paths.  
Lead me in your / truth and / teach me,  
for you are the God of my salvation  
for you have I / hoped / all the day / long.  
Remember, Lord, your com/passion and / love,  
for they / are from / ever/lasting.  
Remember not the sins of my youth  
or / my trans/gressions,  
but think on me in your goodness, O Lord

ac/cording to your / steadfast / love.  
Gracious and upright / is the / Lord;  
therefore shall he teach / sinners / in the / way.  
He will guide the humble in / doing / right  
and / teach his / way to the / lowly.  
All the paths of the Lord are / mercy and / truth  
to those who keep his / covenant / and his / testimonies.

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## **1 Peter 3.18-end**

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

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## **Mark 1.9-15**

### **The Baptism of Jesus**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

### **The Temptation of Jesus**

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

### **The Beginning of the Galilean Ministry**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

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## **Readings for next Sunday, 28 February (2nd Sunday of Lent)**

**Genesis 17.1-7, 15-16; Psalm 22.23-end; Romans 4.13-end; Mark 8.31-end**

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**Bible and Prayer group on Wednesdays in Lent.** We will be looking at different poems as part of our reflective time together throughout Lent. Each week the poem will be sent out with the weekly update email. Each session will conclude with Compline.

**Christian Aid** is hosting a virtual conference between 22 and 26 February called Changemakers Conference: Real People - Real Change. View their website for more details on the subjects and sessions available at <https://www.christianaid.org.uk/get-involved/events/changemakers-conference>

**CMS Boxes.** Thank you to those who collect for CMS. Please hold on to your boxes until further notice. Thank you.

**1000000 steps challenge for Arthur Rank Hospice** - a message from Eleanor Pippard  
I have decided to attempt the Arthur Rank's fundraising challenge to walk a million steps in a hundred days. This works out at an average of 10000 a day. To make it more interesting I have calculated that this is about the equivalent of walking from my house to Inverness, using roads rather than going 'as the crow flies' which would involve a lot of swimming. This means that each week I shall be able to see where I have got to in the country. The walk started on 11 January and finishes on 20 April.  
Any sponsorship would be gratefully received to help this excellent charity. The link to my giving page is <https://arhc.enthuse.com/pf/eleanor-pippard-d0c4e>

**Food Hub.** The Food Hub will continue operating on a Saturday morning between 10.30 am and 12.30 pm here at St James'.  
The food remains a basic food package ideally for those who are either struggling to pay for provisions or who cannot get to the shops or book an online delivery.  
During lockdown the Food Hub is unable to receive or collect personal donations from people, but if you would still like to help, look on the Queen Edith Community Forum website to find more details about how to donate financially. Thank you.

**Caroline** is working from home and has access to the office answering machine and email - so please do contact her as you would normally.

**Phone line.** The Church of England central team have supported the release of the Daily Hope phone line. Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line.  
The line – which is available 24 hours a day on **0800 804 8044** – has been set up particularly with those unable to join online church services during the period of restrictions in mind. Find out more here - <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/daily-hope-phone-line>

## Prayer for Friends and Congregation of St James'

Sunday	Judy and Ron Ferrari and family
Monday	Denise Finlay and family
Tuesday	Maureen Gibbs
Wednesday	Alison and Graham Giles
Thursday	Hatty Harris
Friday	Ann and Geoff Heathcock
Saturday	David Heslam

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### Contacts

Priest-in-charge	Rev'd Steve Rothwell 246419 <a href="mailto:s.rothwell3@btinternet.com">s.rothwell3@btinternet.com</a>
Curate	Rev'd Anne Strauss <a href="mailto:stjamescurate@gmail.com">stjamescurate@gmail.com</a>
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Safeguarding Officer	Jill Bradley, 07971 013645 <a href="mailto:happybeadsuk@gmail.com">happybeadsuk@gmail.com</a>
Church Office:	246419 (Mondays, Wednesdays & Thursdays 9.15 am - 1.15 pm)
e-mail:	<a href="mailto:stjameschurchcambridge@yahoo.co.uk">stjameschurchcambridge@yahoo.co.uk</a>
Website:	<a href="http://stjamescambridge.org.uk">stjamescambridge.org.uk</a>

### Weekly Church Activities – *currently suspended*

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays 6.30 pm—7.30 pm
Meditation Group	Fridays 1.30 pm—2.00 pm

### Community Activities – *currently suspended*

Beavers (6-8 yrs)	<a href="mailto:16thcambridgebeavers@gmail.com">16thcambridgebeavers@gmail.com</a>
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	<a href="mailto:16thcambridgescouts@gmail.com">16thcambridgescouts@gmail.com</a>

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Our parish magazine **Crosspiece** is available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.