

St James', Wulfstan Way, Cambridge

# The Weekly Sheet

14 March 2021

## MOTHERING SUNDAY



### Today:

9.30 am 'Virtual' Lent breakfast  
10.00 am Sunday Service via Zoom



Today is **Mothering Sunday**. If you are walking past the church, do stop and collect some flowers to give to someone you care for, and who cares for you.

We are working within the government roadmap out of lockdown and very much hope to be able to open up for some services during Holy Week and Easter. More details to follow. For the time being on line services will continue on Sunday mornings and throughout the week.

**During Lent** we are inviting people to join the online zoom worship on Sundays at 9.30 am to share Lent breakfast. Arrive anytime between 9.30 and 10.00 am and enjoy some informal time together before the worship begins.

The Children's Activity group will not meet during Lent but there will be a chance to catch up together during the 'break out' times in the service.

### This Week:

**Individual private prayer and reflection.** The church will be open between 10.00 am and 12 noon on Monday and Wednesdays for quiet prayer.

You are very welcome to come in to church but please respect social distancing rules of 2 metres, wear a mask, and use hand sanitiser upon entering and leaving the church. Please do not touch Bibles and other literature.

**Morning Prayer** will be held via Zoom at 8.45 am on Monday, Wednesday, Thursday and Friday. We will be using a recurring link as given out in the Weekly Update email. There is no mid-week Eucharist.

**Wednesday evening Lent group.** During Lent we will be reflecting on poetry and praying together using Night Prayer (Compline). Please join us at 8pm via Zoom.

---

### **Dates for your Diary:**

Tuesday 16 March, 7.45 pm  
Thursday 18 March, 7.30 pm  
Sunday 25 April, 11.30 am

PMC Steering Group Meeting  
PCC Meeting via Zoom  
APCM

## **Collect for today**

God of love,  
passionate and strong,  
tender and careful:  
watch over us and hold us  
all the days of our life;  
through Jesus Christ our Lord.

---

## **Today's readings are:**

Exodus 2.1-10; Psalm 34.11-20; 2 Corinthians 1.3-7; Luke 2.33-35

---

## **Exodus 2.1-10**

### **Birth and Youth of Moses**

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

---

## **Psalm 34.11-20**

Come, my children, and / listen to / me;  
I will / teach you the / fear of the / Lord.  
Who is there who de/lights in / life  
and longs for / days to en/joy good / things?  
Keep your / tongue from / evil  
and your / lips from / lying / words.  
Turn from evil / and do / good;  
seek / peace / and pur/sue it.  
The eyes of the Lord are up/on the / righteous  
and his ears are / open / to their / cry.  
The face of the Lord is against / those who do / evil,  
to root out the re/membrance of them / from the / earth.

The righteous cry and the / Lord / hears them  
and delivers them / out of / all their / troubles.  
The Lord is near to the / broken/hearted  
and will save / those who are / crushed in / spirit.  
Many are the / troubles of the / righteous;  
from them / all will the / Lord de/liver them.  
He keeps / all their / bones,  
so that not / one of / them is / broken.

---

## 2 Corinthians 1.3-7

### Paul's Thanksgiving after Affliction

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ. If we are being afflicted, it is for your consolation and salvation; if we are being consoled, it is for your consolation, which you experience when you patiently endure the same sufferings that we are also suffering. Our hope for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

---

## Luke 2.33-35

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

---

## Readings for next Sunday, 21 March (5<sup>th</sup> Sunday of Lent)

Jeremiah 31.31-34; Psalm 51.1-13 or Psalm 119.9-16; Hebrews 5.5-10; John 12.20-33

---

**Grass-cutting rota.** Stanley Wilson would like to thank all those who helped with the grass cutting last season. For the coming months, he is asking for new volunteers to join the rota. It is likely to be every 6 weeks (or longer if the numbers increase). The more volunteers we have, the fewer times those on the rota will have to participate. Please get in touch with Stanley by emailing sue@wilsonstutorhouse.plus.com – thank you.

**Zoom Banner making sessions during Lent.** If you like to sew or just want to try, we are hoping to create something that reflects our feelings about the last year and how we have coped/are coping. All welcome - no experience necessary, just a willingness to try. Bring a cuppa with you and join our Saturday meetings from 3:30-4:30 pm on 13, 20 and 27 March to help us start to make a new banner for St. James.

Email Jacqui Worster: [wreathmaking20@gmail.com](mailto:wreathmaking20@gmail.com) if you have any questions.

**Spiral Prayer Walk or Labyrinth.** G and Tom Davies (through the Queen Edith Community Forum) have expertly laid out a simple spiral in the side garden of the church, using paint which will gradually fade away. It will remain there for Lent, so do drop by as families or individuals to use it as part of your daily exercise! There is no correct way to walk a labyrinth, but there is a sheet on the hedge next to the spiral with some suggestions from Anne which you are free to use or ignore as you please. We're not expecting there to be many users at one time, but be prepared to socially distance if necessary. See page 5 for picture and more information.

**CMS Boxes.** Please hold on to your box until further notice. Thank you.

**1000000 steps challenge for Arthur Rank Hospice** - a message from Eleanor Pippard

I have decided to attempt the Arthur Rank's fundraising challenge to walk a million steps in a hundred days. This works out at an average of 10000 a day. To make it more interesting I have calculated that this is about the equivalent of walking from my house to Inverness, using roads rather than going 'as the crow flies' which would involve a lot of swimming. This means that each week I shall be able to see where I have got to in the country. The walk started on 11 January and finishes on 20 April.

Any sponsorship would be gratefully received to help this excellent charity. The link to my giving page is <https://arhc.enthuse.com/pf/eleanor-pippard-d0c4e>

**Food Hub.** The Food Hub will continue operating on a Saturday morning between 10.30 am and 12.30 pm here at St James'.

The food remains a basic food package ideally for those who are either struggling to pay for provisions or who cannot get to the shops or book an online delivery.

During lockdown the Food Hub is unable to receive or collect personal donations from people, but if you would still like to help, look on the Queen Edith Community Forum website to find more details about how to donate financially. Thank you.

**Caroline** is working from home and has access to the office answering machine and email - so please do contact her as you would normally.

**Phone line.** The Church of England central team have supported the release of the Daily Hope phone line. Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line.

The line – which is available 24 hours a day on **0800 804 8044** – has been set up particularly with those unable to join online church services during the period of restrictions in mind. Find out more here - <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/daily-hope-phone-line>

## Spiral Prayer Walk or Labyrinth



# Prayer Walk

A Labyrinth is a single, spiralling path that leads to a central area. There you might pause, before continuing on the same path, which takes you out again

There is no right or wrong way to walk a labyrinth.  
Just set off at a natural pace.

One approach is to focus on your breathing and on matching your steps it.

Another is to silently ask an open question such as those on the poster next to this.

Or you could simply pray. If something is troubling you, using the walk to share that concern with God can really help.

## **Prayer for Friends and Congregation of St James'**

Sunday	Marianne and Tom Monie, Matthew, Rhiannon, Cleo & Elsa
Monday	Robert and Rosemary Monk and family
Tuesday	Anne Nagy and Peter
Wednesday	Barbara Nierinck and family
Thursday	Roger Northfield and family
Friday	Hazel Palmer
Saturday	Lesley Payne and family

---

## **Contacts**

Priest-in-charge	Rev'd Steve Rothwell 246419 <a href="mailto:s.rothwell3@btinternet.com">s.rothwell3@btinternet.com</a>
Curate	Rev'd Anne Strauss <a href="mailto:stjamescurate@gmail.com">stjamescurate@gmail.com</a>
Churchwardens	Pam Butler, 07745 591235 <a href="mailto:pambutler27@hotmail.com">pambutler27@hotmail.com</a> Hatty Harris, 01223 504720 <a href="mailto:harrishatty458@gmail.com">harrishatty458@gmail.com</a>
Pastoral Assistants	Mary Calladine, (01223) 246742 Rosemary Monk, (01223) 246421 <a href="mailto:rem66@btinternet.com">rem66@btinternet.com</a>
Director of Music	position vacant
The Music Group	Grae Worster, 846295 <a href="mailto:mgw1@cam.ac.uk">mgw1@cam.ac.uk</a>
Safeguarding Officer	Jill Bradley, 07971 013645 <a href="mailto:happybeadsuk@gmail.com">happybeadsuk@gmail.com</a>
Church Office:	246419 (Mondays, Wednesdays & Thursdays 9.15 am -1.15 pm)
e-mail:	<a href="mailto:stjameschurchcambridge@yahoo.co.uk">stjameschurchcambridge@yahoo.co.uk</a>
Website:	<a href="http://stjamescambridge.org.uk">stjamescambridge.org.uk</a>

## **Weekly Church Activities** – currently suspended

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays 6.30 pm—7.30 pm
Meditation Group	Fridays 1.30 pm—2.00 pm

## **Community Activities** – currently suspended

Beavers (6-8 yrs)	<a href="mailto:16thcambridgebeavers@gmail.com">16thcambridgebeavers@gmail.com</a>
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	<a href="mailto:16thcambridgescouts@gmail.com">16thcambridgescouts@gmail.com</a>

---

Our parish magazine **Crosspiece** is available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.