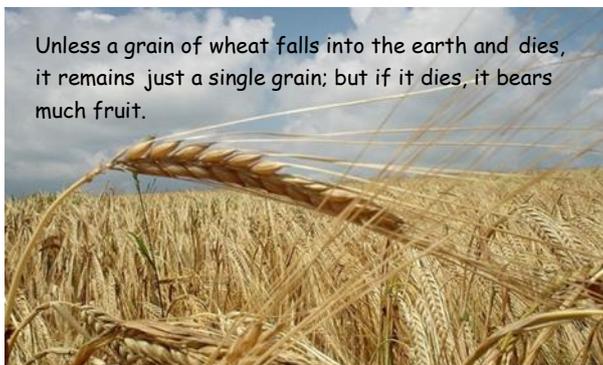


St James', Wulfstan Way, Cambridge

# The Weekly Sheet

21 March 2021

5<sup>th</sup> SUNDAY OF LENT / Passiontide begins



## Today:

9.30 am 'Virtual' Lent breakfast

10.00 am Sunday Service via Zoom

We are working within the government roadmap out of lockdown and very much hope to be able to open up for some services during Holy Week and Easter. Please see the poster on the last page for details of our plans.

In the meantime on- line services will continue on Sunday mornings and throughout the week.

**During Lent** we are inviting people to join the online zoom worship on Sundays at 9.30 am to share Lent breakfast. Arrive anytime between 9.30 and 10.00 am and enjoy some informal time together before the worship begins.

The Children's Activity group will not meet during Lent but there will be a chance to catch up together during the 'break out' times in the service.

## This Week:

**Individual private prayer and reflection.** The church will be open between 10.00 am and 12 noon on Monday and Wednesdays for quiet prayer.

You are very welcome to come in to church but please respect social distancing rules of 2 metres, wear a mask, and use hand sanitiser upon entering and leaving the church. Please do not touch Bibles and other literature.

**Morning Prayer** will be held via Zoom at 8.45 am on Monday, Wednesday, Thursday and Friday. We will be using a recurring link as given out in the Weekly Update email. There is no mid-week Eucharist.

**Wednesday evening Lent group.** During Lent we will be reflecting on poetry and praying together using Night Prayer (Compline). Please join us at 8 pm via Zoom.

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## **Dates for your Diary:**

Sunday 25 April, 11.30 am      APCM

## Collect for today

Gracious Father,  
you gave up your Son  
out of love for the world:  
lead us to ponder the mysteries of his passion,  
that we may know eternal peace  
through the shedding of our Saviour's blood,  
Jesus Christ our Lord.

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## Today's readings are:

Jeremiah 31.31-34; Psalm 51.1-13 or Psalm 119.9-16; Hebrews 5.5-10; John 12.20-33

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## Jeremiah 31.31-34

### A New Covenant

The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, 'Know the LORD', for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

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## Psalm 51.1-13

Have mercy on me, O God, in / your great / goodness;  
according to the abundance of your compassion  
/ blot out / my of/fences.  
Wash me thoroughly / from my / wickedness  
and / cleanse me / from my / sin.  
For I ac/knowledge my / faults  
and my / sin is / ever be/fore me.  
Against you only / have I / sinned  
and done what is / evil / in your / sight,  
so that you are justified / in your / sentence  
and / righteous / in your / judgement.  
I have been wicked even / from my / birth,  
a sinner / when my / mother con/ceived me.  
Behold, you desire truth / deep with/in me  
and shall make me understand wisdom  
/ in the / depths of my / heart.  
Purge me with hyssop and I / shall be / clean;

wash me and I / shall be / whiter than / snow.  
Make me hear of / joy and / gladness,  
that the bones you have / broken / may re/joyce.  
Turn your / face from my / sins  
and / blot out / all my mis/deeds.  
Make me a clean / heart, O / God,  
and re/new a right / spirit with/in me.  
Cast not me a/way from your / presence  
and take not your / holy / spirit / from me.  
Give me again the joy of / your sal/vation  
and sustain me / with your / gracious / spirit.

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## **Hebrews 5.5-10**

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,  
'You are my Son,  
today I have begotten you';  
as he says also in another place,  
'You are a priest for ever,  
according to the order of Melchizedek.'

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

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## **John 12.20-33**

### **Some Greeks Wish to See Jesus**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, 'Sir, we wish to see Jesus.' Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, 'The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.'

### **Jesus Speaks about His Death**

'Now my soul is troubled. And what should I say—"Father, save me from this hour"? No, it is for this reason that I have come to this hour. Father, glorify your name.' Then a voice came from heaven, 'I have glorified it, and I will glorify it again.' The crowd standing there heard it and said that it was thunder. Others said, 'An angel has spoken to him.' Jesus answered, 'This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.' He said this to indicate the kind of death he was to die.

## Readings for next Sunday, 28 March (Palm Sunday)

Liturgy of the Palms: Mark 11.1-11

Isaiah 50.4-9a

Ps 31.9-16

Philippians 2.5-11

Mark 15.1-39

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If you would like to **collect a palm cross** from church in readiness for Palm Sunday (next week) please come on Monday or Wednesday morning between 10 am and 12 noon.

Alternatively we will leave some in a box to be collected on Saturday (27th) afternoon.

Otherwise feel free to bring a cross from a previous year to our online Palm Sunday worship at 10 am.

**Banner making request:** We want to make a candle for our banner out of pieces of white/cream silk. If you have any small strips of white silk leftover from making items for a sacramental occasion, such as a wedding dress, christening or baptism robes, ecclesiastical garments, and you are willing to let us have a piece 5cm by 20cm, please let me know at [wreathmaking20@gmail.com](mailto:wreathmaking20@gmail.com), or leave it in the church for me in the box under the banner. Many thanks. Jacqui Worster

**Zoom Banner making sessions during Lent.** If you like to sew or just want to try, we are hoping to create something that reflects our feelings about the last year and how we have coped/are coping. All welcome - no experience necessary, just a willingness to try. Bring a cuppa with you and join our Saturday meetings from 3.30-4.30 pm on 20 and 27 March to help us make a new banner for St. James.

Email Jacqui Worster: [wreathmaking20@gmail.com](mailto:wreathmaking20@gmail.com) if you have any questions.

**Grass-cutting rota.** Stanley Wilson would like to thank all those who helped with the grass cutting last season. For the coming months, he is asking for new volunteers to join the rota. It is likely to be every 6 weeks (or longer if the numbers increase). The more volunteers we have, the fewer times those on the rota will have to participate. Please get in touch with Stanley by emailing [sue@wilsonstutorhouse.plus.com](mailto:sue@wilsonstutorhouse.plus.com) – thank you.

**Spiral Prayer Walk or Labyrinth.** G and Tom Davies (through the Queen Edith Community Forum) have expertly laid out a simple spiral in the side garden of the church, using paint which will gradually fade away. It will remain there for Lent, so do drop by as families or individuals to use it as part of your daily exercise! There is no correct way to walk a labyrinth, but there is a sheet on the hedge next to the spiral with some suggestions from Anne which you are free to use or ignore as you please. We're not expecting there to be many users at one time, but be prepared to socially distance if necessary. See page 5 for picture and more information.

**CMS Boxes.** Please hold on to your box until further notice. Thank you.

**1000000 steps challenge for Arthur Rank Hospice** - a message from Eleanor Pippard  
I have decided to attempt the Arthur Rank's fundraising challenge to walk a million steps in a hundred days. This works out at an average of 10000 a day. To make it more interesting I have calculated that this is about the equivalent of walking from my house to Inverness, using roads rather than going 'as the crow flies' which would involve a lot of swimming. This means

that each week I shall be able to see where I have got to in the country. The walk started on 11 January and finishes on 20 April.

Any sponsorship would be gratefully received to help this excellent charity. The link to my giving page is <https://arhc.enthuse.com/pf/eleanor-pippard-d0c4e>

**Food Hub.** The Food Hub will continue operating on a Saturday morning between 10.30 am and 12.30 pm here at St James'.

The food remains a basic food package ideally for those who are either struggling to pay for provisions or who cannot get to the shops or book an online delivery.

During lockdown the Food Hub is unable to receive or collect personal donations from people, but if you would still like to help, look on the Queen Edith Community Forum website to find more details about how to donate financially. Thank you.

**Caroline** is working from home and has access to the office answering machine and email - so please do contact her as you would normally.

**Phone line.** The Church of England central team have supported the release of the Daily Hope phone line. Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line.

The line – which is available 24 hours a day on **0800 804 8044** – has been set up particularly with those unable to join online church services during the period of restrictions in mind. Find out more here - <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/daily-hope-phone-line>

### Spiral Prayer Walk or Labyrinth



## Prayer Walk

A Labyrinth is a single, spiralling path that leads to a central area. There you might pause, before continuing on the same path, which takes you out again

There is no right or wrong way to walk a labyrinth. Just set off at a natural pace.

One approach is to focus on your breathing and on matching your steps it.

Another is to silently ask an open question such as those on the poster next to this.

Or you could simply pray. If something is troubling you, using the walk to share that concern with God can really help.

## **Prayer for Friends and Congregation of St James'**

Sunday	Judith and Jonathan Pinhey and family
Monday	Eleanor Pippard
Tuesday	Margaret Revell and family
Wednesday	Daphne Ridge
Thursday	Dawn and Steven Ridley
Friday	Steve and Emma Rothwell, Isaac and Leo
Saturday	Ian Rowland

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### **Contacts**

Priest-in-charge	Rev'd Steve Rothwell 246419 <a href="mailto:s.rothwell3@btinternet.com">s.rothwell3@btinternet.com</a>
Curate	Rev'd Anne Strauss <a href="mailto:stjamescurate@gmail.com">stjamescurate@gmail.com</a>
Churchwardens	Pam Butler, 07745 591235 <a href="mailto:pambutler27@hotmail.com">pambutler27@hotmail.com</a> Hatty Harris, 01223 504720 <a href="mailto:harrishatty458@gmail.com">harrishatty458@gmail.com</a>
Pastoral Assistants	Mary Calladine, (01223) 246742 Rosemary Monk, (01223) 246421 <a href="mailto:rem66@btinternet.com">rem66@btinternet.com</a>
Director of Music	position vacant
The Music Group	Grae Worster, 846295 <a href="mailto:mgw1@cam.ac.uk">mgw1@cam.ac.uk</a>
Safeguarding Officer	Jill Bradley, 07971 013645 <a href="mailto:happybeadsuk@gmail.com">happybeadsuk@gmail.com</a>
Church Office:	246419 (Mondays, Wednesdays & Thursdays 9.15 am - 1.15 pm)
e-mail:	<a href="mailto:stjameschurchcambridge@yahoo.co.uk">stjameschurchcambridge@yahoo.co.uk</a>
Website:	<a href="http://stjamescambridge.org.uk">stjamescambridge.org.uk</a>

### **Weekly Church Activities** – *currently suspended*

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays 6.30 pm—7.30 pm
Meditation Group	Fridays 1.30 pm—2.00 pm

### **Community Activities** – *currently suspended*

Beavers (6-8 yrs)	<a href="mailto:16thcambridgebeavers@gmail.com">16thcambridgebeavers@gmail.com</a>
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	<a href="mailto:16thcambridgescouts@gmail.com">16thcambridgescouts@gmail.com</a>

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Our parish magazine **Crosspiece** is available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

# Holy Week & Easter

We hope to be able to offer some small-scale services inside the church building. Please email Rev'd Steve Rothwell if you would like to attend any of the services in church. [s.rothwell3@btinternet.com](mailto:s.rothwell3@btinternet.com)

## Monday 29 March

7.30 pm Stations of the Cross—online only

## Wednesday 31 March

8.00 pm Bible Reading and Compline—online only

## Maundy Thursday

7.30 pm Communion service in Church

## Good Friday

2.00 pm Service in Church

## Easter Saturday

6.00 pm Service outside in Church garden

## Easter Day

8.00 am Holy Communion in Church

10.00 am Easter Morning Service—online only



A service in Church will follow guidelines for social distancing, hand sanitizing and wearing face masks.

