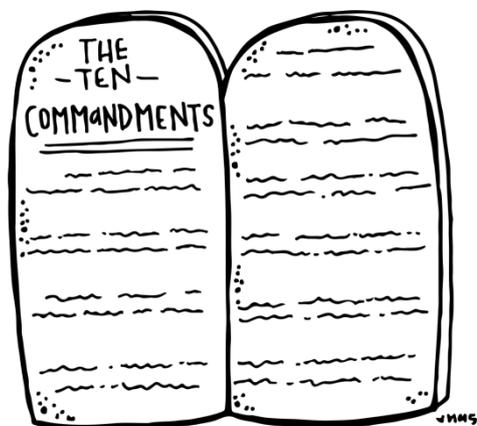


St James', Wulfstan Way, Cambridge

# The Weekly Sheet

7 March 2021

The 3rd SUNDAY OF LENT



## Today:

9.30 am 'Virtual' Lent breakfast  
10.00 am Sunday Service via Zoom

As we remain in Lockdown for a while longer, we await guidelines from the Diocese as to how and when we might consider using the church building for public worship. In the meantime we will continue with online services on Sunday mornings and throughout the week.

**During Lent** we will be inviting people to join the online zoom worship on Sundays at 9.30 am to share Lent breakfast. Arrive anytime between 9.30 and 10.00 am and enjoy some informal time together before the worship begins.

The Children's Activity group will not meet during Lent but there will be a chance to catch up together during the 'break out' times in the service.

## This Week:

**Individual private prayer and reflection.** The church will be open between 10.00 am and 12 noon on Monday and Wednesdays for quiet prayer.

You are very welcome to come in to church but please respect social distancing rules of 2 metres, wear a mask, and use hand sanitiser upon entering and leaving the church. Please do not touch Bibles and other literature.

**Morning Prayer** will be held via Zoom at 8.45 am on Monday, Wednesday, Thursday and Friday. We will be using a recurring link as given out in the Weekly Update email. There is no mid-week Eucharist.

**Wednesday evening Lent group.** During Lent we will be reflecting on poetry and praying together using Night Prayer (Compline). Please join us at 8pm via Zoom.

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## Collect for today

Eternal God,  
give us insight  
to discern your will for us,  
to give up what harms us,  
and to seek the perfection we are promised  
in Jesus Christ our Lord.

## Today's readings are:

Exodus 20.1-17; Psalm 19; 1 Corinthians 1.18-25; John 2.13-22

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### Exodus 20.1-17

#### The Ten Commandments

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

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### Psalm 19

The heavens are telling the / glory of / God  
and the / firmament pro/claims his / handiwork.  
One day pours out its / song to an/other  
and one night unfolds / knowledge / to an/other.  
They have neither / speech nor / language

and their / voices / are not / heard,  
Yet their sound has gone out into / all / lands  
and their / words to the / ends of the / world.  
In them has he set a tabernacle / for the / sun,  
that comes forth as a bridegroom out of his chamber  
and rejoices as a / champion to / run his / course.  
It goes forth from the end of the heavens  
and runs to the very / end a/gain,  
and there is nothing / hidden / from its / heat.  
The law of the Lord is perfect, re/viving the / soul;  
the testimony of the Lord is sure  
and gives / wisdom / to the / simple.  
The statutes of the Lord are right and re/joyce the / heart;  
the commandment of the Lord is pure  
and gives / light / to the / eyes.  
The fear of the Lord is clean and en/dures for / ever;  
the judgements of the Lord are true and / righteous / alto/gether.  
More to be desired are they than gold,  
more than / much fine / gold,  
sweeter also than honey, / dripping / from the / honeycomb.  
By them also is your / servant / taught  
and in keeping them / there is / great re/ward.  
Who can tell how often / they of/fend?  
O cleanse me / from my / secret / faults!  
Keep your servant also from pre/sumptuous / sins  
lest they get do/minion / over / me;  
so shall I be / unde/iled,  
and / innocent of / great o/ffence.  
Let the words of my mouth and the meditation of my heart  
be acceptable / in your / sight,  
O Lord, my / strength and / my re/deemer.

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## **1 Corinthians 1.18-25**

### **Christ the Power and Wisdom of God**

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

'I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.'

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

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## John 2.13-22

### Jesus Cleanses the Temple

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

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## Readings for next Sunday, 14 March (Mothering Sunday)

Exodus 2.1-10; Psalm 34.11-20; 2 Corinthians 1.3-7; Luke 2.33-35

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We will be celebrating **Mothering Sunday** with an online All Age service next Sunday at 10am (Lent breakfast beforehand at 9.30am).

**Grass-cutting rota.** Stanley Wilson would like to thank all those who helped with the grass cutting last season. For the coming months, he is asking for new volunteers to join the rota. It is likely to be every 6 weeks (or longer if the numbers increase). The more volunteers we have, the fewer times those on the rota will have to participate. Please get in touch with Stanley – thank you.

**Zoom Bible and Prayer group on Wednesdays in Lent.** We will be looking at different poems as part of our reflective time together throughout Lent. Each week the poem will be sent out with the weekly update email. Each session will conclude with Compline.

**Zoom Banner making sessions during Lent.** If you like to sew or just want to try, we are hoping to create something that reflects our feelings about the last year and how we have coped/are coping. All welcome - no experience necessary, just a willingness to try. Bring a cuppa with you and join our Saturday meetings from 3:30-4:30 pm on 6, 13, 20 and 27 March to help us start to make a new banner for St. James.

Email Jacqui Worster: [wreathmaking20@gmail.com](mailto:wreathmaking20@gmail.com) if you have any questions.

**Spiral Prayer Walk or Labyrinth.** G and Tom Davies (through the Queen Edith Community Forum) have expertly laid out a simple spiral in the side garden of the church, using paint which will gradually fade away. It will remain there for Lent, so do drop by as families or individuals to use it as part of your daily exercise! There is no correct way to walk a labyrinth, but there is a sheet on the hedge next to the spiral with some suggestions from Anne which you are free to use or ignore as you please. We're not expecting there to be many users at one time, but be prepared to socially distance if necessary. See page 5 for picture and more information.

**CMS Boxes.** Please hold on to your box until further notice. Thank you.

**1000000 steps challenge for Arthur Rank Hospice** - a message from Eleanor Pippard

I have decided to attempt the Arthur Rank's fundraising challenge to walk a million steps in a hundred days. This works out at an average of 10000 a day. To make it more interesting I have calculated that this is about the equivalent of walking from my house to Inverness, using roads rather than going 'as the crow flies' which would involve a lot of swimming. This means that each week I shall be able to see where I have got to in the country. The walk started on 11 January and finishes on 20 April.

Any sponsorship would be gratefully received to help this excellent charity. The link to my giving page is <https://arhc.enthuse.com/pf/eleanor-pippard-d0c4e>

**Food Hub.** The Food Hub will continue operating on a Saturday morning between 10.30 am and 12.30 pm here at St James'.

The food remains a basic food package ideally for those who are either struggling to pay for provisions or who cannot get to the shops or book an online delivery.

During lockdown the Food Hub is unable to receive or collect personal donations from people, but if you would still like to help, look on the Queen Edith Community Forum website to find more details about how to donate financially. Thank you.

**Caroline** is working from home and has access to the office answering machine and email - so please do contact her as you would normally.

**Phone line.** The Church of England central team have supported the release of the Daily Hope phone line. Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line.

The line – which is available 24 hours a day on **0800 804 8044** – has been set up particularly with those unable to join online church services during the period of restrictions in mind. Find out more here - <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/daily-hope-phone-line>

**Spiral Prayer Walk or Labyrinth**



# Prayer Walk

A Labyrinth is a single, spiralling path that leads to a central area. There you might pause, before continuing on the same path, which takes you out again

There is no right or wrong way to walk a labyrinth. Just set off at a natural pace.

One approach is to focus on your breathing and on matching your steps it.

Another is to silently ask an open question such as those on the poster next to this.

Or you could simply pray. If something is troubling you, using the walk to share that concern with God can really help.

## Prayer for Friends and Congregation of St James'

Sunday	Barbara Irving and family
Monday	Judith and Peter Judd
Tuesday	Janet and Donald Laming and family
Wednesday	Lucie Kibblewhite
Thursday	Kristina Kobes, Tim and Nicola
Friday	Talia and Richard Merritt, Dylan and Loretta
Saturday	Mark Molloy

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### Contacts

Priest-in-charge	Rev'd Steve Rothwell 246419 <a href="mailto:s.rothwell3@btinternet.com">s.rothwell3@btinternet.com</a>
Curate	Rev'd Anne Strauss stjamescurate@gmail.com
Churchwardens	Pam Butler, 07745 591235 pambutler27@hotmail.com Hatty Harris, 01223 504720 harrishatty458@gmail.com
Pastoral Assistants	Mary Calladine, (01223) 246742 Rosemary Monk, (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
The Music Group	Grae Worster, 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 happybeadsuk@gmail.com
Church Office:	246419 (Mondays, Wednesdays & Thursdays 9.15 am - 1.15 pm)
e-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

### Weekly Church Activities – *currently suspended*

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays 6.30 pm—7.30 pm
Meditation Group	Fridays 1.30 pm—2.00 pm

### Community Activities – *currently suspended*

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

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Our parish magazine **Crosspiece** is available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.