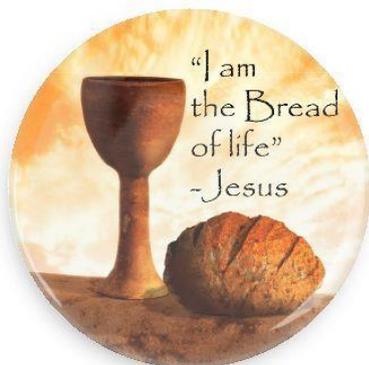


St James', Wulfstan Way, Cambridge

# *The* Weekly Sheet

8 August 2021

10th SUNDAY AFTER TRINITY



## Today:

8.00 am Eucharist

10.00 am Eucharist including hymns in Church

Rev'd Ros Hunt is our Celebrant and Preacher today

Welcome to our services.

For the time being the PCC has taken the decision to ask everyone who comes inside the church building to continue to wear a mask, to use the hand sanitizer and to sign our 'track and trace' register. The chairs will be arranged in a safely-distanced way and we ask people to stay in their household groups. We will continue to monitor the Government and C of E guidelines and will respond accordingly.

Bible reading and prayer support group will resume this Wednesday via Zoom (link can be found in Weekly Update email of 22 July). Morning Prayer, mid week Eucharist and Meditation Group will all start back again in September.

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## **Our hymns at 10 o'clock are:**

When morning gilds the skies	NEH 473, omit starred verses
O for a thousand tongues to sing	NEH 415, omit starred verse
All for Jesus!	NEH 272
All people that on earth do dwell	NEH 334

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## **Collect for today**

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord.

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## Today's readings are:

2 Samuel 18.5-9, 15, 31-33; Psalm 130; Ephesians 4.25-5.2; John 6.35, 41-51

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### 2 Samuel 18.5-9, 15, 31-33

The king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom.

So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword.

Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.'

### David Mourns for Absalom

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

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### Psalm 130

Out of the depths have I cried to you, O Lord;  
Lord, / hear my / voice;  
let your ears consider well the / voice of my / suppli/cation.  
If you, Lord, were to mark what is / done a/miss,  
O / Lord, / who could / stand?  
But there is for/giveness with / you,  
so / that you / shall be / feared.  
I wait for the Lord; my / soul / waits for him;  
in his / word / is my / hope.  
My soul waits for the Lord,  
more than the night watch / for the / morning,  
more than the / night watch / for the / morning.  
O Israel, / wait for the / Lord,

for with the / Lord / there is / mercy;  
with him is / plenteous re/demption  
and he shall redeem / Israel from / all their / sins.

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## **Ephesians 4.25-5.2**

### **Rules for the New Life**

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

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## **John 6.35, 41-51**

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

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## **Readings for next Sunday, 15 August (11<sup>th</sup> Sunday after Trinity)**

Proverbs 9.1-6; Psalm 34.9-14; Ephesians 5.15-20; John 6.51-58

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**Volunteers needed** please to help move chairs after the 10 o'clock service today, and regularly throughout the summer. If you are able, please stay on to help with this. Thank you.

**Watering!** Thanks to Jennie and Jelena and their families who started planting up the containers on the front lawn this Spring. Anne has added some more geraniums and begonias this week. If you're coming to church on Sundays over the summer, or have a key and can come midweek, could you water them? She's left a watering can and a bucket in the foyer.

There will be no rota for **sidespeople** at the 10 am service through until September. This will allow us to get a sense of who wishes to attend in person for this service. Hatty Harris will act as sidesperson and recruit one or two alternatives for while she is away.

**Caroline** is on holiday until 16 August and the office won't be open during this time.

**Food Hub.** The Food Hub continues to operate on a Saturday morning between 10.30 am and 12.30 pm here at St James'.

The food remains a basic food package ideally for those who are either struggling to pay for provisions or who cannot get to the shops or book an online delivery.

The Food Hub is able to receive donations at church between 3 and 4 pm on a Friday afternoon. Look on the Queen Edith Community Forum website to find more details about those items most needed - and about how to donate financially. Thank you.

## Prayer for Friends and Congregation of St James'

Sunday	Dawn and Steven Ridley
Monday	Steven and Emma Rothwell, Isaac and Leo
Tuesday	Ian Rowland
Wednesday	David Sanders
Thursday	Michael and Caroline Sanford and family
Friday	Janet and Robert Scott, Anne and Adam
Saturday	Peggy Shortley

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## Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Anne Strauss <a href="mailto:stjamescurate@gmail.com">stjamescurate@gmail.com</a> Rev'd Rosie Hewitt rosie.sjww@gmail.com
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Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
The Music Group	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 happybeadsuk@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

### Weekly Church Activities – currently suspended

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays, 6.30 pm—7.30 pm
Meditation Group	Fridays, 1.30 pm—2.00 pm

### Community Activities – currently suspended

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

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Our parish magazine **Crosspiece** is available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.