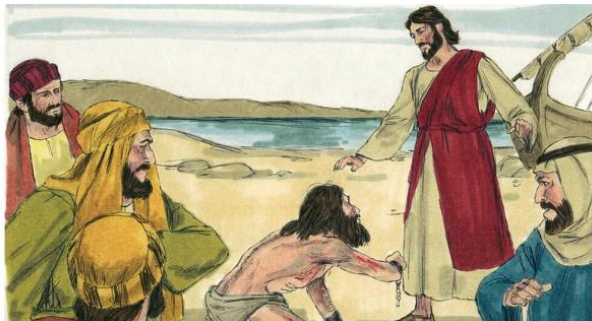


St James', Wulfstan Way, Cambridge

The Weekly Sheet

19 June 2022

The 1st Sunday after Trinity



Today:

8.00 am Holy Communion
10.00 am Parish Eucharist

Welcome to our services.

Everyone is invited to make a name badge and wear it during the service; these are available on the table in the entrance foyer.

If you are visiting St James for the first time please introduce yourself to the vicar or a sidesperson (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

Following our last PCC meeting a decision has been made to relax mask wearing when in the building. We will continue to keep hand sanitiser in the entrance foyer for those who wish to use it.

Today's readings are:

1 Kings 19.1-4 [5-7] 8 – 15a; Psalm 42; Galatians 3.23-end; Luke 8.26-39

Our hymns at 10 o'clock are:

Opening:	Christ is made the sure foundation	NEH 205
Offertory:	To God be the glory	see page 5
Communion:	As the deer pants for the water	see page 6
Final:	Thy hand, O God, has guided	NEH 484
Anthem:	Sicut Cervus (<i>Palestrina</i>)	

Collect for today

God of truth,
help us to keep your law of love
and to walk in ways of wisdom,
that we may find true life
in Jesus Christ your Son.

This Week:

Monday 20 th	9.15 am	Morning Prayer in Church
	10.00 am	Meditation Group
Wednesday 22 nd	10.15 am	Eucharist
	7.30 pm	PCC Sub Committee (Communications) in Study Centre
Friday 24 th	9.15 am	Morning Prayer in Church

Dates for your Diary:

Monday 27 th	2.00 pm	Staff Meeting via Zoom
Sunday 3 July	8.00 am	Holy Communion (BCP)
	10.00 am	All Age Service led by GenR8
Thursday 7 July	7.30 pm	PCC Meeting, in-person/Zoom tbc
Sunday 17 July	10.00 am	St James Day Festival service and farewell to Anne Strauss

1 Kings 19.1-4 (5-7] 8-15a

Elijah Flees from Jezebel

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' [Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.'] He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

Elijah Meets God at Horeb

He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your

covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

Psalm 42

As the deer / longs for the / water brooks,
so longs my / soul for / you, O / God.
My soul is athirst for God, even for the / living / God;
when shall I come be/fore the / presence of / God?
My tears have been my bread / day and / night,
while all day long they say to me, / 'Where is / now your / God?'
now when I think on these things, I pour / out my / soul:
how I went with the multitude
and led the procession / to the / house of / God,
with the voice of / praise and / thanksgiving,
among / those who / kept / holy day.
*Why are you so full of heaviness, / O my soul,
and why are you / so dis/quieted with/in me?
O put your / trust in / God;
for I will yet give him thanks,
who is the help of my / countenance, / and my / God.*
My soul is / heavy with/in me;
therefore I will remember you from the land of Jordan,
and from Hermon / and the / hill of / Mizar.
Deep calls to deep in the / thunder of your / waterfalls;
all your breakers and / waves / have gone / over me.
The Lord will grant his loving-kindness / in the / daytime;
through the night his song will be with me,
a / prayer to the / God of my / life.
I say to God my rock,
'Why have / you for/gotten me,
and why go I so heavily, / while the / enemy op/presses me?'
As they crush my bones, my / enemies / mock me;
while all day long they say to me, / 'Where is / now your / God?'
*Why are you so full of heaviness, / O my soul,
and why are you / so dis/quieted with/in me?
O put your / trust in / God;
for I will yet give him thanks,
who is the help of my / countenance, / and my / God.*

Galatians 3.23-end

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer

slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Luke 8.26-39

Jesus Heals the Gerasene Demoniac

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

Readings for next Sunday, 26 June (2nd Sunday after Trinity)

2 Kings 2.1-2, 6-14; Psalm 77.1-2, 11-end [or 77.11-end]; Galatians 5.1, 13-25; Luke 9.51 – end.

Our next **Bring & Buy sale with Coffee Morning** is on Saturday 25 June between 10 am and 12 noon. It will be outside and weather permitting. We will need lots of help, and if you can volunteer with setting up/clearing away, helping on the day, or making cakes, please contact Pam Butler on 07745 591235 or email pambutler27@hotmail.com. Thank you.

On Sunday 3 July **GenR8 will lead our 10 o'clock All Age** service with storytelling, music and reflection. Peter Judd will preside at 8 o'clock Holy Communion.

On Sunday 17 July we will hold our **St James Patronal festival service** at 10 o'clock and say farewell to Anne Strauss.

Rosemary and Robert would like to thank everyone who supported their recent Garden Party. £305 was raised for Arthur Rank Hospice.

For anyone visiting the church or attending services there is **a wheelchair** available for use - stored in the cloakroom next door to the church office.

A reminder to anyone who needs access to the church during the week to check the Room Hire sheet (displayed on the noticeboard opposite the office) to see if there are any groups using the building at the time you wish to enter.

If you would like to add your name to our **prayer list of names that appear on the back of the weekly sheet**, please let Caroline in the office know. It would be lovely to include the names of newcomers to our congregation but also the names of others who regularly worship with us but may not have forwarded their wish to be included on the list. Email Caroline at stjameschurchcambridge@yahoo.co.uk

The Office is open on Wednesday and Thursday this week, usual office hours, 9.15 am – 1.15 pm. Caroline will be working from home on Monday.

Christian Aid is holding an afternoon tea for all Christian Aid supporters and friends on Saturday 9 July, 3 pm – 5 pm at St Augustine of Canterbury in Richmond Road, CB4 3PS. It's an opportunity to hear about Christian Aid news and about fundraising by other churches across Cambridge. Parking is available in nearby streets. Everyone is welcome.

Prayer for Ukraine is now displayed on the board in the entrance foyer.

Greenbelt Festival at Broughton House near Kettering, 26-29 August. The organisers are looking for **volunteers aged 16+ to work as stewards** during the event. Groups of friends applying to be on the same stewarding team can be accepted, will get a festival day ticket for free, daily meal voucher allowances, free tea and coffee, free showers and a subsidised festival tee-shirt. Volunteering at Greenbelt can be accredited towards DofE and other award schemes. Interested? Look out for the link which was sent out with our Weekly Update email or contact Rev'd Ros Hunt at oreoros8@gmail.com

The '**Community Hub**' is open regularly on Saturdays, 10.30 – 12 noon. The range of food on offer is limited but the basics are available, including refrigerated items, for those who are struggling to pay for provisions.

Tea and coffee from the Nave has returned - offering people the chance to chat alongside food collection.

Offertory Hymn:

1
To God be the glory, great things he has done!
So loved he the world that he gave us his Son,
who yielded his life an atonement for sin
and opened the life-gate that all may go in.

*Praise the Lord! Praise the Lord!
Let the earth hear his voice!
Praise the Lord! Praise the Lord!
Let the people rejoice!*

O come to the Father, through Jesus the Son,
and give him the glory! Great things he has done!

2

O perfect redemption, the purchase of blood!
To every believer the promise of God!
The vilest offender who truly believes,
that moment from Jesus forgiveness receives.

Praise the Lord ...

3

Great things he has taught us, great things he has done,
and great our rejoicing through Jesus the son;
but purer and higher and greater will be
our wonder, our rapture, when Jesus we see.

*Praise the Lord! Praise the Lord!
Let the earth hear his voice!
Praise the Lord! Praise the Lord!
Let the people rejoice!
O come to the Father, through Jesus the Son,
and give him the glory! Great things he has done!*

*Frances Jane van Alstyne
(Fanny J Crosby) (1820-1915)
CCL 91946*

Communion Hymn:

1

As the deer pants for the water,
so my soul longs after you.
You alone are my heart's desire
and I long to worship you.

*You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.*

2

I want you more than gold or silver,
only you can satisfy.
You alone are the real joy-giver
and the apple of my eye.

3

You're my friend and you are my brother,
even though you are a king.
I love you more than any other,
so much more than anything.

*Martin Nystrom, based on Psalm 42:1-2
CCL 91946*

Prayer for Friends and Congregation of St James'

Sunday	David Heslam
Monday	Beryl Hobbs and family
Tuesday	Ruth Holdstock, Jon Griffiths, Matilda and Theo
Wednesday	Jean Holland
Thursday	Christina Hood, Elena and Lukas
Friday	Geoff Howard
Saturday	Julia Hullyer

Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Anne Strauss (on secondment until summer 2022) Rev'd Rosie Hewitt (on maternity leave until Advent 2022)
Churchwarden(s)	vacant
Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
The Music Group	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 happybeadsuk@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

Weekly Church Activities

Junior Choir Practice	Sundays, 11.15 am – 12 noon
Choir Practice	Mondays, 6.30 pm—7.30 pm
Meditation Group	Mondays, 10.00 am

Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	Stephen Harrison, 07548 765421
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

Past issues of our parish magazine **Crosspiece** are available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.