

St James', Wulfstan Way, Cambridge

# The Weekly Sheet

18 February 2024

The 1<sup>st</sup> Sunday of Lent



## Today:

8.00 am	Holy Communion
8.45 am	Lent Breakfast
10.00 am	Parish Eucharist

Welcome to our services.

If you are visiting St James for the first time please introduce yourself to the vicar or a sides-person (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

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## Today's readings are:

Genesis 9.8-17; Psalm 25.1-9; 1 Peter 3.18-end; Mark 1.9-15

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## Our hymns at 10 o'clock are:

Opening:	Forty days and forty nights	NEH 67
Offertory:	O for a closer walk with God	NEH 414
Communion:	Sweet sacrament divine	NEH 307
Final:	O for a heart to praise my God	NEH 74
Anthem:	Almighty and everlasting God ( <i>Orlando Gibbons</i> )	

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## Collect:

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

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## **This Week:** *Half term week for local schools*

Monday 19 <sup>th</sup>	9.15 am	Morning Prayer
	11.00 am	Holiday Lunch Club
Tuesday 20 <sup>th</sup>	9.15 am	Morning Prayer
Wednesday 21 <sup>st</sup>	9.15 am	Morning Prayer
	10.15 am	Mid week Eucharist
Thursday 22 <sup>nd</sup>	9.15 am	Morning Prayer
	2.00 pm	Service at Heathlands Care Home
Friday 23 <sup>rd</sup>	9.15 am	Morning Prayer
Saturday 24 <sup>th</sup>	10.00 am	Bring & Buy Sale
	5.00 pm	Flames at St James

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## **Dates for your Diary:**

Monday 4 <sup>th</sup> March	2.00 pm	Staff Meeting via Zoom
Wednesday 6 <sup>th</sup>	10.15 am	Holy Communion at Dunstan Court
	11.00 am	Pastoral Team Meeting
	7.30 pm	Fabric Committee Meeting via Zoom
Saturday 9 <sup>th</sup>	5.00 pm	Flames at St James
	6.30 pm	Puddings and Games Evening
Tuesday 12 <sup>th</sup>	2.30 pm	Hymn Service at Cherry Hinton Care Home
	7.30 pm	PCC Meeting
Monday 18 <sup>th</sup>		<i>deadline for APCM reports to office</i>

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## **Genesis 9.8-17**

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

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## Psalm 25.1-9

To you, O Lord, I lift up my soul  
O my God, in / you I / trust;  
let me not be put to shame  
let not my / enemies / triumph / over me.  
Let none who look to you be / put to / shame,  
but let the treacherous be / shamed / and frus/trated.  
Make me to know your / ways, O / Lord,  
and / teach me / your / paths.  
Lead me in your / truth and / teach me,  
for you are the God of my salvation  
for you have I / hoped / all the day / long.  
Remember, Lord, your com/passion and / love,  
for they / are from / ever/lasting.  
Remember not the sins of my youth  
or / my trans/gressions,  
but think on me in your goodness, O Lord  
ac/cording to your / steadfast / love.  
Gracious and upright / is the / Lord;  
therefore shall he teach / sinners / in the / way.  
He will guide the humble in / doing / right  
and / teach his / way to the / lowly.  
All the paths of the Lord are / mercy and / truth  
to those who keep his / covenant / and his / testimonies.

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## 1 Peter 3.18-end

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

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## Mark 1.9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

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## **Readings for next Sunday, 2<sup>nd</sup> Sunday of Lent (25 February):**

Genesis 17.1-7, 15-16; Psalm 22.23-end; Romans 4.13-end; Mark 8.31-end

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**Rev'd Hugh Dawes.** Many of you will remember Hugh as vicar of St James in the 1990's. Sadly, after a long illness, Hugh has died. His widow, Jill Sandham is happy for people to contact her through this email address:

[jill@jericho-road.org](mailto:jill@jericho-road.org)

We give thanks for Hugh's life and especially his ministry here in South Cambridge. We remember him, Jill and their family in our prayers.

Tomorrow (19<sup>th</sup>) we are holding a **Holiday lunch club** between 11 am and 1 pm. Children (accompanied by an adult) are welcome to come along for activities (we have a health and emergency services theme) and lunch.

There will be **no Christian Meditation Group** tomorrow as there is a Holiday Lunch Club.

Next Sunday is **Stewardship Sunday**. We will give a particular focus on our giving of time and gifts to the church.

Our next **Bring & Buy sale** is this Saturday (24<sup>th</sup>). If you can offer help, please contact Pam, 07745 591235 or email [pambutler27@hotmail.com](mailto:pambutler27@hotmail.com)  
Donations of homemade cakes and prizes for the raffle are especially welcome. Thank you.

### **Teresa of Avila's *Interior Castle* - Discussions before Meditation Group during Lent.**

Beginning on Monday 26th February and continuing throughout Lent, Adam Bak (who is on placement with us this year from Westcott House) will be leading short discussions of extracts from Teresa of Avila's *Interior Castle* before meditation group. We will gather at 11.30 in the Study Centre (with coffee and biscuits!) for the discussion, then meditation will begin at 12.00 as usual. The extracts for discussion will be available a week in advance; they will be on the table in the entrance foyer.

St. Teresa of Avila (1515-1582) was a Spanish nun and mystic. She was the originator of the Carmelite Reform, which restored and emphasized the austerity and contemplative character of Carmelite life. She is the author of a number of spiritual masterpieces (including *The Interior Castle*) on the drawing of the soul into God by prayer and contemplation.

**Lent Breakfasts.** We are holding Lent breakfasts every Sunday during Lent, between 8.45 and 9.30 am, up to and including 17 March (but not Palm Sunday). There is no charge although a suggested donation of £3 towards the work of Transform Trade (formerly Traidcraft Exchange) would be very welcome. To help with numbers please sign the list in the entrance foyer. Offers to set up and prepare the breakfast and to assist with clearing away are also requested please. All are welcome.

**Lent Pilgrim Groups.** Lent is a time for deepening our prayer and our engagement with scripture. This Lent, rather than holding groups in church, we are launching groups that will meet in people's homes, and we are calling them 'Pilgrim Groups'. We have chosen the name partly because of the connection of St. James with pilgrimage, and partly because the emphasis of the groups will be on accompanying each other along the path - along the path of life and the path of faith. The groups will offer time and space for informal conversation, for praying with and for one another, and for reflecting on scripture. (Resources for the group meetings will be provided by the clergy team.)

There will be a Tuesday morning group, a Thursday evening group, and a Sunday evening group, and they will each meet weekly during Lent, starting this week. At the end of Lent, the groups may decide to continue meeting, probably not weekly but on a fortnightly or monthly basis.

We encourage all members of the congregation to consider joining a Pilgrim Group as part of their Lenten practice this year. There is a sign-up sheet at the back of church, or you can email Rosie ([rosie.sjww@gmail.com](mailto:rosie.sjww@gmail.com)) to say which group you would like to join. Please don't worry if you're unable to attend every week: do still sign up, and attend just when you can.

If you are unavailable at the advertised times, but would like to be part of a Pilgrim Group, please do put your name down in the 'unavailable but interested' column of the sign-up sheet, or get in touch with Rosie by email. It may be possible to form another group if there is enough demand.

**APCM Reports.** If you head up a group or church activity here at St James' please consider writing a report for our APCM. Reports only need be a few lines and should be for the period January – December 2023. To ensure inclusion in the report, and to allow for Easter and holidays afterwards, we are asking for reports to be forwarded by Monday 18 March at the latest.

Please forward as a Word document to Caroline in the office. Thank you.  
[stjameschurchcambridge@yahoo.co.uk](mailto:stjameschurchcambridge@yahoo.co.uk)

We will be considering nominations for **lay elected members to the PCC** in readiness for our APCM on 14 April. Please have a word with Steve and then complete one of the forms on the table in the entrance foyer.

**Lost Property.** If you think you may have lost a coat or umbrella, please take a look at the items accumulating on the racks nearest the office door and by the back cloakrooms. If you are missing a tin, dish etc, please have a look on the shelf outside the kitchen. Other more general items can be found in the Lost Property box in the entrance foyer. Thank you. Any remaining items after the end of February will be given to charity.

**The office** is closed this week.

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## **Prayer for Friends and Congregation of St James'**

Sunday	Michael and Caroline Sanford and family
Monday	Janet and Robert Scott, Anne and Adam
Tuesday	Peggy Shortley
Wednesday	Mary and Michael Smale and family
Thursday	Lisa and Matthew Stocker, Emilia, Olivia, Reece and Talia
Friday	Anne Streater, Mark and Catherine
Saturday	Julie Turner and family

*If you would like to add your name to our prayer list please let Caroline in the office know.*

## Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Rosie Hewitt <a href="mailto:rosie.sjww@gmail.com">rosie.sjww@gmail.com</a> Rev'd Rob Hawkins <a href="mailto:rob.sjww@gmail.com">rob.sjww@gmail.com</a> 07763 447694
Licensed Lay Minister Churchwarden	Elizabeth Brown liztollerbrown@hotmail.co.uk Pam Butler 07745 591235 pambutler27@hotmail.com
Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
Acting Director of Music	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 jillb.sjww@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

### Weekly Church Activities

Junior Choir Practice	Mondays, 6.30 pm – 7.30 pm
Choir Practice	Mondays, 7.00 pm—8.00 pm
Lower Voices Choir	Wednesdays, 7.30 pm – 8.30 pm
Meditation Group	Mondays, 12 noon

### Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	16thstjamescubscouts@gmail.com
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

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We continue to provide a Zoom link for our 10 o'clock Sunday services:

Join Zoom Meeting

<https://us02web.zoom.us/j/88561908831?pwd=OTNzMEIRazBMdW5WV2pNcE5iRzIINQT09>

Meeting ID: 885 6190 8831

Passcode: 258631

Past issues of our parish magazine **Crosspiece** are available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations.

