

St James', Wulfstan Way, Cambridge

The Weekly Sheet

10 March 2024

Mothering Sunday



8.00 am	Holy Communion
8.45 am	Lent Breakfast
10.00 am	Parish Eucharist

Welcome to our services.

If you are visiting St James for the first time please introduce yourself to the vicar or a sidesperson (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

Today's readings are:

Exodus 2.1-10; Psalm 34.11-20; 2 Corinthians 1.3-7; Luke 2.33-35

Our hymns at 10 o'clock are:

Opening:	When morning gilds the skies	NEH 473	omit vv 2, 4 & 5
Offertory:	Sing we of a blessed mother	NEH 185	
Communion:	Come down, O love divine	NEH 137	
Final:	All ye who seek a comfort sure	NEH 63	
Anthem:	Hail, holy queen (<i>arr Marc Shaiman</i>)		

Collect:

God of love,
passionate and strong,
tender and careful:
watch over us and hold us
all the days of our life;
through Jesus Christ our Lord.

This Week:

Monday 11 th	9.15 am	Morning Prayer
	11.30 am	Teresa of Avila talk followed by meditation in Study Centre
Tuesday 12 th	9.15 am	Morning Prayer
	2.30 pm	Hymn service at Cherry Hinton Care Home
	7.30 pm	PCC Meeting
Wednesday 13 th	9.15 am	Morning Prayer
	10.15 am	Mid week Eucharist
Thursday 14 th	9.15 am	Morning Prayer
Friday 15 th	9.15 am	Morning Prayer

Dates for your Diary:

Monday 18 th		<i>deadline for APCM reports to office</i>
Saturday 23 rd	5.00 pm	Flames at St James
	10.30 am	Bring & Buy Sale

Holy Week and Easter

Palm Sunday, 24 th March	8.00 am	Holy Communion;
	10.00 am	Sung Holy Communion with Procession and Passion narrative
Maundy Thursday, 28 th March	7.30 pm	Holy Communion, remembering the Last Supper, and including Washing of Feet
Good Friday, 29 th March	10.00 am - 12 noon	Families Activity Morning
	2.00 pm	Holy Communion, including Veneration of the Cross
Holy Saturday, 30 th March	tbc	Flower arranging workshop to help decorate the church
	7.30 pm	Easter Vigil: a short vigil around the fire followed by the first Holy Communion of Easter
Easter Day, 31 st March	10.00 am	All Age Holy Communion with choir and celebration
Sunday 14 April	11.30 am	APCM

Exodus 2.1-10

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she

opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

Psalm 34.11-20

Come, my children, and / listen to / me;
I will / teach you the / fear of the / Lord.
Who is there who de/lights in / life
and longs for / days to en/joy good / things?
Keep your / tongue from / evil
and your / lips from / lying / words.
Turn from evil / and do / good;
seek / peace / and pur/sue it.
The eyes of the Lord are up/on the / righteous
and his ears are / open / to their / cry.
The face of the Lord is against / those who do / evil,
to root out the re/membrance of them / from the / earth.
The righteous cry and the / Lord / hears them
and delivers them / out of / all their / troubles.
The Lord is near to the / broken/hearted
and will save / those who are / crushed in / spirit.
Many are the / troubles of the / righteous;
from them / all will the / Lord de/liver them.
He keeps / all their / bones,
so that not / one of / them is / broken.

2 Corinthians 1.3-7

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ. If we are being afflicted, it is for your consolation and salvation; if we are being consoled, it is for your consolation, which you experience when you patiently endure the same sufferings that we are also suffering. Our hope for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

Luke 2.33-35

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

Readings for next Sunday, 5th Sunday of Lent/Passiontide begins (17 March):

Jeremiah 31.31-34; Psalm 51.1-13 or Psalm 119.9-16; Hebrews 5.5-10; John 12.20-33

APCM Reports. If you head up a group or church activity here at St James' please consider writing a report for our APCM. Reports only need be a few lines and should be for the period January – December 2023. To ensure inclusion in the report, and to allow for Easter and holidays afterwards, we are asking for reports to be forwarded by Monday 18 March at the latest. Please forward as a Word document to Caroline in the office. Thank you.

stjameschurchcambridge@yahoo.co.uk

We will be considering nominations for **lay elected members to the PCC** in readiness for our APCM on 14 April. Please have a word with Steve and then complete one of the forms on the table in the entrance foyer.

The Electoral Roll is currently being updated in preparation for the APCM in April. The list of names on the roll can be found on the St James website under the PCC tab. It can also be found on the church noticeboard. If any of your details have changed, e.g. you have moved house over the last year, please email the church office (stjameschurchcambridge@yahoo.co.uk) giving the email the subject Electoral Roll. If you have started coming to St James in the last year and would like to be on the roll, please download a form from the website, complete and email a scanned copy to the church office. All completed forms or information about changed details need to be received by 17th March.

Many thanks to all who have already responded to our **stewardship appeal** asking you to review your giving and, where possible, consider whether you are able to increase your giving to St James. We fully appreciate that this is not always possible and we are very grateful for all that is contributed, financially and by offering of time and talents. We will give thanks for all gifts and responses at our services on 17 March.

Sing Messiah. Come and join us to sing the choruses from Handel's Messiah on Saturday 20 April 2024. Singers' warm up and rehearsal will start at 4:00 pm and the performance will begin at 5:30 pm. The evening will conclude with a drinks reception starting at about 6:45 pm. Everyone is welcome, whether to sing or to listen. Tickets are £5 (£2 for those under 18 years old) and are available in advance or (for non-singers) on the door. Details and registration forms are available at <http://stjamescambridge.org.uk/sing-messiah/>

Coffee Rota We are in need of at least two more people to help provide tea and coffee after the 10am service. The commitment would be roughly every 5 weeks, and the more

people who help, the longer that time interval would be. Please speak to Fiona Broadhurst or Alison Giles if you would like to serve in this way.

Teresa of Avila's *Interior Castle* - Discussions before Meditation Group during Lent.

Continuing throughout Lent, Adam Bak (who is on placement with us this year from Westcott House) will be leading short discussions of extracts from Teresa of Avila's *Interior Castle* before meditation group. We will gather at 11.30 in the Study Centre (with coffee and biscuits!) for the discussion followed by meditation. The extracts for discussion will be available a week in advance; they will be on the table in the entrance foyer.

St. Teresa of Avila (1515-1582) was a Spanish nun and mystic. She was the originator of the Carmelite Reform, which restored and emphasized the austerity and contemplative character of Carmelite life. She is the author of a number of spiritual masterpieces (including *The Interior Castle*) on the drawing of the soul into God by prayer and contemplation.

Lent Breakfasts. We are holding Lent breakfasts every Sunday during Lent, between 8.45 and 9.30 am, up to and including 17 March (but not Palm Sunday). There is no charge although a suggested donation of £3 towards the work of Transform Trade (formerly Traidcraft Exchange) would be very welcome. To help with numbers please sign the list in the entrance foyer. Offers to set up and prepare the breakfast and to assist with clearing away are also requested please. All are welcome.

The office will be open on Wednesday and Thursday this week, 9.15 am – 1.15 pm. Caroline will be working from home on Monday and has access to the office phone and email.

Prayer for Friends and Congregation of St James'

Sunday	Bill and Fiona Broadhurst
Monday	Elizabeth and Nick Brown
Tuesday	Pam Butler and family
Wednesday	Chris and Mary Calladine and family
Thursday	Peter Canning
Friday	Denis Chandler
Saturday	Vera Chapman and family

If you would like to add your name to our prayer list please let Caroline in the office know.

Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Rosie Hewitt rosie.sjww@gmail.com Rev'd Rob Hawkins rob.sjww@gmail.com 07763 447694
Licensed Lay Minister Churchwarden	Elizabeth Brown liztollerbrown@hotmail.co.uk Pam Butler 07745 591235 pambutler27@hotmail.com
Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
Acting Director of Music	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 jillb.sjww@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

Weekly Church Activities

Junior Choir Practice	Mondays, 6.30 pm – 7.30 pm
Choir Practice	Mondays, 7.00 pm—8.00 pm
Lower Voices Choir	Wednesdays, 7.30 pm – 8.30 pm
Meditation Group	Mondays, 12 noon

Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	16thstjamescubscouts@gmail.com
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

We continue to provide a Zoom link for our 10 o'clock Sunday services:

Join Zoom Meeting

<https://us02web.zoom.us/j/88561908831?pwd=OTNzMEIRazBMdW5WV2pNcE5iRzIINQT09>

Meeting ID: 885 6190 8831

Passcode: 258631

Past issues of our parish magazine **Crosspiece** are available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations.

