

St James', Wulfstan Way, Cambridge

The Weekly Sheet

4 August 2024

10th Sunday after Trinity



Today:

8.00 am Holy Communion (BCP)
10.00 am Parish Eucharist

Welcome to our services.

If you are visiting St James for the first time please introduce yourself to the vicar or a sidesperson (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

If it is your usual practice to receive bread and wine at communion, please feel free to do so at these services. We are following the Bishop's guidelines which stipulate that it is not permissible to intinct the bread (wafer) into the wine chalice. Therefore if you do not wish to drink from the chalice please return to your seat after taking the bread.

Today's readings are:

2 Samuel 11.26-12.13a; Psalm, 51.1-13; Ephesians 4.1-16; John 6.24-35

Our hymns at 10 o'clock are:

Opening:	Glorious things of thee are spoken	NEH 362
Offertory:	Just as I am, without one plea	NEH 294
Communion:	Bread of the world in mercy broken	NEH 277
Final:	Lord, enthroned in heavenly splendour	NEH 296

Collect:

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

Dates for your Diary:

Monday 12 th Aug	11.00 am	Holiday Lunch Club
Tuesday 13 th	2.30 pm	Hymn Service at Cherry Hinton Care Home

2 Samuel 11.26-12.13a

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, and the LORD sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' Then David's anger was greatly kindled against the man. He said to Nathan, 'As the LORD lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity.'

Nathan said to David, 'You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.' David said to Nathan, 'I have sinned against the LORD.' Nathan said to David, 'Now the LORD has put away your sin; you shall not die.'

Psalm 51.1-13

1 Have mercy on me, O God, in / your great / goodness;
according to the abundance of your compassion
/ blot out / my of/fences.

2 Wash me thoroughly / from my / wickedness
and / cleanse me / from my / sin.

3 For I ac/knowledge my / faults
and my / sin is / ever be/fore me.

4 Against you only / have I / sinned
and done what is / evil / in your / sight,

5 So that you are justified / in your / sentence
and / righteous / in your / judgement.

6 I have been wicked even / from my / birth,
a sinner / when my / mother con/ceived me.

7 Behold, you desire truth / deep with/in me
and shall make me understand wisdom
/ in the / depths of my / heart.

8 Purge me with hyssop and I / shall be / clean;
wash me and I / shall be / whiter than / snow.

9 Make me hear of / joy and / gladness,
that the bones you have / broken / may re/joyce.

10 Turn your / face from my / sins
and / blot out / all my mis/deeds.

11 Make me a clean / heart, O / God,
and re/new a right / spirit with/in me.

12 Cast not me a/way from your / presence
and take not your / holy / spirit / from me.

13 Give me again the joy of / your sal/vation
and sustain me / with your / gracious / spirit.

Ephesians 4.1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of

doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

John 6.24-35

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Readings for next Sunday, 11 August (11th Sunday after Trinity)

2 Samuel 18.5-9, 15, 31-33; Psalm 130; Ephesians 4.25-5.2; John 6.35, 41-51

Prayer Support Group. Please remember that there is prayer support available at the church; there is a yellow box on the entrance foyer table if you wish to put a request in anonymously. All these requests remain confidential. Rosemary Monk

Please note that there will be **no Morning Prayer, or mid week eucharists** until September.

Meditation Group will break over the summer and meet again on Monday 2 September.

Our next **Pastoral team meeting** will be on Wednesday 4 September.

Saturday mornings at St James'. The new Fairbite food hub runs every Saturday from 10.30 am until 12 noon and the café is open at the same time. Everyone is welcome to drop in for tea/coffee and a chat. Our next Bring & Buy sale will be in September.

The office is open this week on Wednesday and Thursday, 9.15 am – 1.15 pm. Caroline is working from home on Monday and has access to the office phone and email.

Prayer for Friends and Congregation of St James'

Sunday	Steve and Emma Rothwell, Isaac and Leo
Monday	Ian Rowland
Tuesday	David Sanders
Wednesday	Michael and Caroline Sanford and family
Thursday	Mary and Michael Smale and family
Friday	Lisa and Matthew Stocker, Emilia, Olivia, Reece and Talia
Saturday	Anne Streater, Mark and Catherine

If you would like to add your name to our prayer list please let Caroline in the office know.

Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Rosie Hewitt rosie.sjww@gmail.com Rev'd Rob Hawkins rob.sjww@gmail.com 07763 447694
Licensed Lay Minister Churchwarden	Elizabeth Brown liztollerbrown@hotmail.co.uk Pam Butler 07745 591235 pambutler27@hotmail.com
Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
Acting Director of Music	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 jillb.sjww@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

Weekly Church Activities

Junior Choir Practice	Mondays, 6.30 pm – 7.30 pm
Choir Practice	Mondays, 7.00 pm—8.00 pm
Lower Voices Choir	Wednesdays, 7.30 pm – 8.30 pm
Meditation Group	Mondays, 12 noon

Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	16thstjamescubscouts@gmail.com
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

We continue to provide a Zoom link for our 10 o'clock Sunday services:

Join Zoom Meeting

<https://us02web.zoom.us/j/88561908831?pwd=OTNzMEIRazBMdW5WV2pNcE5iRzIINQT09>

Meeting ID: 885 6190 8831

Passcode: 258631

Past issues of our parish magazine **Crosspiece** are available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations.

