

St James', Wulfstan Way, Cambridge

The Weekly Sheet

11 August 2024

11th Sunday after Trinity



Today:

8.00 am	Holy Communion
10.00 am	Parish Eucharist

Welcome to our services. We especially welcome the family and friends of Amanda who is being baptised today at our 10 o'clock service.

If you are visiting St James for the first time please introduce yourself to the vicar or a sidesperson (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

If it is your usual practice to receive bread and wine at communion, please feel free to do so at these services. We are following the Bishop's guidelines which stipulate that it is not permissible to intinct the bread (wafer) into the wine chalice. Therefore if you do not wish to drink from the chalice please return to your seat after taking the bread.

Today's readings are:

2 Samuel 18.5-9, 15, 31-33; Psalm 130; Ephesians 4.25-5.2; John 6.35, 41-51

Our hymns at 10 o'clock are:

Opening:	New every morning is the love	NEH 238
Offertory:	Alleluya, sing to Jesus	NEH 271
Communion:	God is love, and where true love is	NEH 513
Final:	Christ, whose glory fills the skies	NEH 234

Collect:

God of glory,
the end of our searching,
help us to lay aside
all that prevents us from seeking your kingdom,
and to give all that we have
to gain the pearl beyond all price,
through our Saviour Jesus Christ.

This week:

Monday 12th Aug 11.00 am Holiday Lunch Club
Tuesday 13th 2.30 pm Hymn Service at Cherry Hinton Care Home

2 Samuel 18.5-9, 15, 31-33

The king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom.

So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword.

Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.'

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

Psalm 130

1 Out of the depths have I cried to you, O Lord;
Lord, / hear my / voice;
let your ears consider well the / voice of my / suppli/cation.
2 If you, Lord, were to mark what is / done a/miss,
O / Lord, / who could / stand?
3 But there is for/giveness with / you,
so / that you / shall be / feared.
4 I wait for the Lord; my / soul / waits for him;
in his / word / is my / hope.
5 My soul waits for the Lord,
more than the night watch / for the / morning,
more than the / night watch / for the / morning.
6 O Israel, / wait for the / Lord,
for with the / Lord / there is / mercy;
7 With him is / plenteous re/demption
and he shall redeem / Israel from / all their / sins.

Ephesians 4.25-5.2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

John 6.35, 41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that

comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Readings for next Sunday, 18 August (12th Sunday after Trinity)

1 Kings 2.10-12; 3.3-14; Psalm 111; Ephesians 5.15-20; John 6.51-58

Holiday Lunch Club – tomorrow, 11 am – 1 pm. Bring your child/children along tomorrow morning for fun events and enjoy a free lunch together. Tell your friends! It's not too late to offer help – please speak with Rob today.

For information ...

The **Chinese Church** will be using St James' for their **children's summer camp** between 9.30 am and 4.30 pm on Mon 26, Tues 27, Wed 28 and Thurs 29 August. The church is likely to be very busy during these times, and for members of the congregation wishing to come into church, it might be best to avoid these times if at all possible.

Prayer Support Group. Please remember that there is prayer support available at the church; there is a yellow box on the entrance foyer table if you wish to put a request in anonymously. All these requests remain confidential. Rosemary Monk

The **church office phone** is a bit unreliable at the moment. It would be best to email if you can, otherwise leave a voicemail and it will be picked up during office opening hours.

Please note that there will be **no Morning Prayer, or mid week eucharists** until September.

Meditation Group will break over the summer and meet again on Monday 2 September.

Our next **Pastoral team meeting** will be on Wednesday 4 September.

Saturday mornings at St James'. The new Fairbite food hub runs every Saturday from 10.30 am until 12 noon and the café is open at the same time. Everyone is welcome to drop in for tea/coffee and a chat. Our next Bring & Buy sale will be in September.

The office is open this week on Wednesday and Thursday, 9.15 am – 1.15 pm. Caroline is working from home on Monday and has access to the office phone and email.

Prayer for Friends and Congregation of St James'

Sunday	Julie Turner and family
Monday	Una Turner and family
Tuesday	Kathleen and John Waterhouse
Wednesday	Edward and Joanne Westrip, Saskia, Christian and Theo
Thursday	Stan and Susan Wilson and family
Friday	Grae and Jacqui Worster, Susannah, Lizzie, Katherine and Caroline
Saturday	Linda Appleby and family

If you would like to add your name to our prayer list please let Caroline in the office know.

Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Rosie Hewitt rosie.sjww@gmail.com Rev'd Rob Hawkins rob.sjww@gmail.com 07763 447694
Licensed Lay Minister Churchwarden	Elizabeth Brown liztollerbrown@hotmail.co.uk Pam Butler 07745 591235 pambutler27@hotmail.com
Pastoral Assistant	Rosemary Monk (01223) 246421 rem66@btinternet.com
Director of Music	position vacant
Acting Director of Music	Grae Worster (01223) 846295 mgw1@cam.ac.uk
Safeguarding Officer	Jill Bradley, 07971 013645 jillb.sjww@gmail.com
Church Office:	(01223) 246419 (Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
Website:	stjamescambridge.org.uk

Weekly Church Activities

Junior Choir Practice	Mondays, 6.30 pm – 7.30 pm
Choir Practice	Mondays, 7.00 pm—8.00 pm
Lower Voices Choir	Wednesdays, 7.30 pm – 8.30 pm
Meditation Group	Mondays, 12 noon

Community Activities

Beavers (6-8 yrs)	16thcambridgebeavers@gmail.com
Cubs (8-11 yrs, QE Schl)	16thstjamescubscouts@gmail.com
Scouts (10½ - 14 yrs, QE Schl)	16thcambridgescouts@gmail.com

We continue to provide a Zoom link for our 10 o'clock Sunday services:

Join Zoom Meeting

<https://us02web.zoom.us/j/88561908831?pwd=OTNzMEIRazBMdW5WV2pNcE5iRzINQT09>

Meeting ID: 885 6190 8831

Passcode: 258631

Past issues of our parish magazine **Crosspiece** are available on the website.

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations.

