St James', Wulfstan Way, Cambridge

The Weekly Sheet

22 December 2024

THE 4th SUNDAY OF ADVENT



<u>Today</u>:

8.00 am	Eucharist
10.00 am	Parish Eucharist

7.00 pm Carol Service

Welcome to our services.

If you are visiting St James for the first time please introduce yourself to the vicar or a sidesperson (the person who may have greeted you when you arrived and offered you service booklets). You may wish to complete a contact details card so that we can send you details of forthcoming events. These are available on the table in the foyer.

If it is your usual practice to receive bread and wine at communion, please feel free to do so at these services. We are following the Bishop's guidelines which stipulate that it is not permissible to intinct the bread (wafer) into the wine chalice. Therefore if you do not wish to drink from the chalice please return to your seat after taking the bread.

Today's readings are:

Micah 5.2-5a; Psalm 80.1-8; Hebrews 10.5-10; Luke 1.39-45 [46-55]

Our hymns at 10 o'clock are:

Opening:	A great and mighty wonder	NEH 21
Offertory:	The Lord's my shepherd, I'll not want	NEH 459
Communion:	Bethlehem of noblest cities	NEH 48
Final:	Tell out my soul	NEH 186
Anthem:	The Angel Gabriel (Esther Bersweden)	

Collect for Today

Eternal God, as Mary waited for the birth of your Son, so we wait for his coming in glory; bring us through the birth pangs of this present age to see, with her, our great salvation in Jesus Christ our Lord.

This week:

Tonight	7.00 pm	Carol Service ; lessons and carols with choir and candlelight, followed by mince pies and mulled wine
Monday 23 rd	9.00 am 11.30 am 12 noon	Morning Prayer Advent Group discussion followed by Meditation Group
Tuesday 24 th	4.00 pm	Crib Service . Children come dressed as your favourite nativity character
	11.00 pm	Midnight Mass . The first Holy Communion of Christmas. Our readings will be: Isaiah 52.7-10; Psalm 98; Hebrews 1.1-4; John 1.1-14
Wednesday 25 th	10.00 am	Christmas Day All Age Eucharist . Choir, carols and celebration. Our readings will be: Isaiah 62.6-end; Titus 3.4-7; Luke 2.[1-7] 8-20

Bring along family and friends. All are welcome to come and join with us.

Micah 5.2-5a

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah,
from you shall come forth for me one who is to rule in Israel,
whose origin is from of old, from ancient days.
Therefore he shall give them up until the time when she who is in labour has brought forth;
then the rest of his kindred shall return to the people of Israel.
And he shall stand and feed his flock in the strength of the LORD, in the majesty of the name of the LORD his God.
And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

If the Assyrians come into our land and tread upon our soil, we will raise against them seven shepherds

Psalm 80.1-8

1 Hear, O / Shepherd of / Israel, you that led / Joseph / like a / flock; 2 shine forth, you that are enthroned up/on the / cherubim, before Ephraim, / Benjamin / and Ma/nasseh. 3 Stir up your / mighty / strength and / come to / our sal/vation. 4 Turn us a/gain, O / God; show the light of your countenance, / and we / shall be / saved. 5 O Lord / God of / hosts, how long will you be / angry at your / people's / prayer? 6 You feed them with the / bread of / tears; you give them a/bundance of / tears to / drink. 7 You have made us the de/rision of our / neighbours, and our / enemies / laugh us to / scorn. 8 Turn us again, O / God of / hosts; show the light of your countenance, / and we / shall be / saved.

Hebrews 10.5-10

Consequently, when Christ came into the world, he said,

'Sacrifices and offerings you have not desired,

but a body you have prepared for me;

in burnt-offerings and sin-offerings

you have taken no pleasure.

Then I said, "See, God, I have come to do your will, O God"

(in the scroll of the book it is written of me).'

When he said above, 'You have neither desired nor taken pleasure in sacrifices and offerings and burnt-offerings and sin-offerings' (these are offered according to the law), then he added, 'See, I have come to do your will.' He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

Luke 1.39-45 [46-55]

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'[

And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.']

Readings for next Sunday, 29 December (The 1st Sunday of Christmas)

1 Samuel 2.18-20, 26; Psalm 148 [or 148.7-end]; Colossians 3.12-17; Luke 2.41-end

Our **Carol Service is this evening at 7 pm** and everyone is welcome. It's not too late to bring along donations of **mince pies** and to **offer help** with serving/clearing up. Thank you.

Thank you to everyone who has delivered our Christmas flyers.

There will be **Morning Prayer** tomorrow; after then the next one will be on Monday 6 January.

Tomorrow at 11.30 am, **Meditation Group** will meet for their final Advent session looking at the Anglican poet-priest Thomas Traherne, and at 12 noon will lead into meditation. Readings are available in the Foyer.

There is no **mid-week Eucharist** now until Wednesday 8 January which will be at Dunstan Court.

The office is closed this week.

Prayer for Friends and Congregation of St James'

Sunday	Hatty Harris
Monday	Robert and Fran Hawkins and Gwen
Tuesday	Ann and Geoff Heathcock
Wednesday	David Heslam
Thursday	Rosie and Duncan Hewitt, Robin and Aidan
Friday	Ruth Holdstock, Jon Griffiths, Matilda and Theo
Saturday	Christina Hood, Elena and Lukas

If you would like to add your name to our prayer list please let Caroline in the office know.

Contacts

Vicar	Rev'd Steve Rothwell (01223) 246108 s.rothwell3@btinternet.com
Curates	Rev'd Rosie Hewitt
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	Mondays, Wednesdays & Thursdays, 9.15 am -1.15 pm)
E-mail:	stjameschurchcambridge@yahoo.co.uk
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Weekly Church Activities

Junior Choir Practice	Mondays, 6.30 pm – 7.30 pm
Choir Practice	Mondays, 7.00 pm—8.00 pm
Lower Voices Choir	Wednesdays, 7.30 pm – 8.30 pm
Meditation Group	Mondays, 12 noon

Community Activities

Beavers (6-8 yrs) Cubs (8-11 yrs, QE Schl) Scouts (10½ - 14 yrs, QE Schl) 16thcambridgebeavers@gmail.com 16thstjamescubscouts@gmail.com 16thcambridgescouts@gmail.com

We continue to provide a Zoom link for our 10 o'clock Sunday services: Join Zoom Meeting https://us02web.zoom.us/j/88561908831?pwd=OTNzMEIRazBMdW5WV2pNcE5iRzINQT09 Meeting ID: 885 6190 8831 Passcode: 258631

If you are ordering goods from **Amazon**, please remember to use the Amazon link on the St James' website fundraising page. It doesn't cost you any more but gives St James a percentage of the price you pay.

If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations.

